



## PRODUCING HEALTHIER YOUTH

### 4-H YOUTH ARE

**3** more likely to exercise and be physically active.  
TIMES

**3** more likely to report healthy habits.  
TIMES

**2** more likely to make healthier choices.  
TIMES

*4-H is building a healthier America by improving the lives of youth as well as empowering them to make a difference in their communities. Healthy eating, food security, exercise, safety and positive choices are all addressed by 4-H.*

## PRODUCING FUTURE SCIENTISTS

### 4-H YOUTH ARE

**3** more likely to participate in science out of school.  
TIMES

**2** more likely to pursue a career in science.  
TIMES

**2** more likely to say science is useful for solving everyday problems.  
TIMES

*By bringing STEM topics to youth in engaging, hands-on ways, from robotics to ag science to alternative energy, 4-H is preparing the next generation of innovators and critical thinkers.*

## PRODUCING CIVIC CONTRIBUTORS

### 4-H YOUTH ARE

**2** more likely to be civically active.  
TIMES

**4** more likely to make contributions to their communities. 93% of Illinois 4-H Youth Leadership Team members continue community service activities in college.  
TIMES

*4-H programs empower young people to be well-informed citizens who are actively engaged in creating positive change in the communities where they live. 4-H inspires youth to change the world.*

## PRODUCING ENGAGED STUDENTS

### 4-H YOUTH ARE

**5** more likely to expect to graduate from college.  
TIMES

**2** more likely to have higher activity in school.  
TIMES

**2** more likely to report higher grades.  
TIMES

*4-H programs are shown to improve the scholastic engagement and desire of youth to excel in high school and college, providing them the basis for achieving a higher quality of life.*



## ILLINOIS

### TRUSTED

### TO PROVIDE A POSITIVE YOUTH DEVELOPMENT PATH FOR YOUTH IN ILLINOIS

*Helping youth feel a greater sense of belonging, develop independence, practice generosity and experience mastery of life skills and knowledge*

#### BELONGING

**95%**

Of Illinois 4-H members feel included in their club.

**96%**

Of Illinois 4-H members say they get the help they need from volunteer leaders and Extension staff.

**95%**

Of Illinois 4-H members say adult leaders listen to what they say.

*4-H members indicate a strong sense of belonging to their club and have a connection to the group.*

#### INDEPENDENCE

**94%**

Of Illinois 4-H members say that 4-H helps prepare them for the future.

**83%**

Of Illinois 4-H members say they do things in 4-H which help them think about a career.

**83%**

Of Illinois 4-H members say they help make the decisions about what happens in 4-H.

*4-H members develop independent life skills as a result of being a member of a 4-H club.*

#### GENEROSITY

**93%**

Of Illinois 4-H members are encouraged to help others because of their 4-H activities.

**91%**

Of Illinois 4-H members can think of ways to make a difference in their community.

**95%**

Of Illinois 4-H members work on service projects that help their communities.

*4-H encourages youth to contribute to their community and provides them opportunities to do so.*

#### MASTERY

**93%**

Of Illinois 4-H members share learning with others because of their 4-H experience.

**97%**

Of Illinois 4-H seniors surveyed said they learned skills through 4-H they can use in future jobs.

**83%**

Of Illinois 4-H members in 4-H STEM programs say a career in science, engineering or technology would be exciting.

*4-H club experiences increase the knowledge and skills of 4-H members, and many youth in 4-H science programs want a career related to science.*