# 2017 Impact Report

UNIVERSITY OF ILLINOIS EXTENSION SERVING MADISON, MONROE, & ST. CLAIR COUNTIES

# **I**ILLINOIS

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> EXTENSION COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

# **ILLINOIS** Extension

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### A Note from the Director WHAT WE DO & WHY IT MATTERS

University of Illinois Extension staff were recently challenged to create a brief statement that reflects what we do and why it matters. My statement included "As a County Extension Director, I am dedicated to serve in an administrative leadership position to

provide and support staff for education, engagement and excellence in our communities."

Following are testimonials from people who give credibility to what Extension does and why it matters:

"Because of this nutrition education program, I lost weight, decreased blood pressure medicine and am able to walk without a walker." - *Heart Healthy program participant* 

"I built my first electrical circuit in 4-H to light up a light bulb, which was my first inspiration to get a degree in electrical engineering!" - 4-H alum

"We combined our knowledge of mapping and our love of nature to create a Google map highlighting some of the natural areas we visited during the training. Some of these areas are Master Gardener and Master Naturalist program partnership project sites. Through the Google map, we are encouraging others to personally visit and enjoy these amazing natural areas." - Master Naturalist

"I grew up with the Extension Service. 4–H was the only youth activity in our rural area. My dad consulted the Extension service on farming issues and changed his farming practices accordingly. In fact, my brothers who run the farm today continue to utilize Extension for best farming practices. My mother used Extension for the household issues, especially food preservation. My brother-in-law convinced me I needed to be a Master Gardener. I'm glad he did." – 4-H Alum & Master Gardener

"I started my first business because of 4-H when I bought all of the moisture damaged candy boxes and sold the safe candy contents to the students at school." - 4-H Alum & business owner

"I never heard about the major invasive weed, Palmer amaranth, spreading fast in cropland until attending an Extension program. I will make this a priority to check my property and follow the recommendations to eliminate it." – *producer* 

It is extremely gratifying to have people of all ages express how the positive experiences of Extension education and involvement enhance their career and life skills.

I am proud to serve as county Extension director working with expert and dedicated unit staff and volunteers who are committed to what we do and why it matters!

Patriera Jacobsele



# **Unit Funding**

55.4%	Federal Funds*
4 - 40/	Legal Funda

- 17.1% Local Funds
- 13.6% State Funds\*\*
   8.0% Reserve Funds \*\*\*
- 5.9% Grants

\*Federal Funding is provided for SNAP-Ed & EFNEP staff salaries, program supplies, and office space.

\*\* State Funding is provided for Metro 4-H and Military

4-H staff salaries and for 4-H project premiums.

\*\*\* Reserved Funds utilized due to the absence of \$185,055 in state funding.

Thank you to hundreds of program partners who help with the success of education outreach!

## Madison–Monroe–St. Clair Unit Local Funders

- Madison County Board
- Madison County Extension Education Foundation
- Madison County Farm Bureau
- Madison County Association for Home and Community Education
- Monroe County Board of Commissioners
- Monroe County Extension & 4-H Education Foundation
- Monroe County Farm Bureau
- Monroe County 4-H Federation
- Monroe County Association for Home and Community Education
- St. Clair County Board
- > St. Clair County Extension and Education Foundation
- > St. Clair County Farm Bureau
- Farm Credit Illinois
- Horseradish Growers of Illinois
- Monsanto
- Illinois 4–H Foundation
- Illinois Grape Growers & Vintners Association
- Illinois American Water

		Reaching Out		
Website	Newsletters	Videos	Blog	Facebook
P		<b>F</b>		C
<b>309,889</b> Page views in 2017	<b>Monthly</b> 4-H & Master Gardener/Master Naturalist	<b>30,632</b> Views on the Horticulture YouTube Channel	<b>Monthly</b> "Welcome to my Jungle" by Elizabeth Wahle	<b>1,222</b> Likes on the Unit Facebook Page

Make Extension part of your News Feed by liking the following pages on Facebook!

- Connecting to Our Food Web
- Madison County 4-H
- Madison-Monroe-St. Clair Extension Unit
- Monroe County 4-H
- St. Clair County 4-H
- Illinois 4-H



Visit our website: http://web.extension.illinois.edu/mms/



Extension Council 2017-2018	County	City
Ms. Liz Dalton	Madison	Collinsville, IL 62234
Mr. Jerry Hearn	Madison	Collinsville, IL 62234
Ms. Dawn Reinhardt	Madison	Alhambra, IL 62001
Ms. Nichole Rinderer	Madison	Highland, IL 62249
Mr. Justin Suhre	Madison	Edwardsville, IL 62025
Mr. Walter Williams	Madison	Edwardsville, IL 62025
Ms. Amy Cope	Monroe	Waterloo, IL 62298
Mr. Justin Knobloch	Monroe	Columbia, IL 62236
Mr. Brian Mueller	Monroe	Columbia, IL 62236
Mr. Daniel Rahe	Monroe	Waterloo, IL 62298
Ms. Victoria Vogt	Monroe	Columbia, IL 62236
Mr. DaJuan Burton	St. Clair	Washington Park, IL 62204
Ms. Mercedes Collardo	St. Clair	Swansea, IL 62226
Ms. Nancy Henss	St. Clair	Trenton, IL 62293
Ms. Pamela Knobeloch	St. Clair	Mascoutah, IL 62258
Ms. NZinga Medley	St. Clair	Washington Park, IL 62204
Mr. Stephen Schulte	St. Clair	Mascoutah, IL 62258

The Extension Council is advisory to Unit staff regarding local programming, partnerships and finances.

The local Foundation Members are dedicated to planning fundraising events to support Extension programming in each county of the Unit.

Madison County Extension Education Foundation	Monroe County Extension & 4-H Education Foundation	St. Clair County Extension and Education Foundation
Jan Denby	Don Schrader	Dave Hinton
Amy Rogier	George Obernagel	Ann Morey
Leon & Patty Uhe	Jennifer Nobbe	Don Kaiser
Rita Skau	Richard Woodcock	Nancy Guenther
Taylor Gray	Susan Rick	Carolyn Sitzes
Joye Brase	Kevin Schreder	Winn Pardee
Dylan Rutz	Justin Knobloch	Jerry Albrecht
		Edie Sandoval
		Sam Lutton



Mariel Lemon, SNAP-Ed program coordinator, was awarded the Individual Excellence in Policy, Systems, and Environmental Change Efforts Award at the 2017 INEP State Conference. Mariel received this award for her dedication to the SNAP-Ed program, which she demonstrated by completing 10 Nutrition Environment Food Pantry Tool & Smarter Lunchroom assessments, collaborating on the unit's strategic plan, and organizing monthly SNAP-Ed team meetings.



The Unit 22 INEP team, which consists of the SNAP-Ed and EFNEP programs, was awarded the Team Award at the 2017 INEP State Conference. This award recognizes the effective collaboration involving both the EFNEP and SNAP teams and the team's achievement of meeting common goals for community programming. Congratulations to our INEP Team!



### EFNEP Summer Youth Cooking School 2017

My children attend cooking camp each summer and it helps when we go to the grocery store. They can decide if a food item is healthy or unhealthy.



Deciding what foods are healthy is the beginning of success. These skills, among many others, are gained during EFNEP youth cooking camps. This year:

- 717 youth participated and graduated during the9 weeks of camp.
- 39 cooperating agencies, schools and organizations collaborated.
- 32 groups of children received 9 hours of nutrition education and hands-on cooking experience.
- 100% of the participants improved in one or more core areas of the nutrition program.

# Nutrition Education in the Classroom

The SNAP-Ed program visits qualifying sites in Madison and St. Clair counties to provide nutrition education in preschool and elementary school classrooms. Each lesson teaches students how to keep their bodies healthy and includes physical activity done right in the classroom.





SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-Education) SNAP-Education works with limited-resource audiences to make healthier choices where they eat, shop, live, play and learn in their communities. Through classes and workshops, and by working towards policy, systems, and environmental changes, SNAP-Education positively impacts the nutrition and activity choices of people and communities we serve.

### Serving Local Residents



### RACE OF PARTICIPANTS

- 47% White (5,341)
- 53% Black (6,016)
- 0% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (36)

### **Our Partners**



Food Pantries and Food Banks

### **Illinois Junior Chefs**

SNAP-Ed staff provided food and nutrition education to 1,287 youth who participated in summer Cooking Camps at local libraries, youth and housing centers, and other sites. Youth created a new recipe and taste tested it each day, along with gaining skills using kitchen tools and small appliances.

I have learned how to eat healthier and to serve more fruits and vegetables to my children. INEP has taught me how to make healthier recipes. SNAP-ED PARTICIPANT



# **Collinsville Food Pantry**

"We are extremely thankful for the colorful shelf talkers, posters, and recipe cards that help influence our clients to make healthier food choices, especially in our fresh produce section. Having vibrant visuals does aid in stimulating the clients to choose a wider variety of produce where otherwise they may not have. Seeing the clients read the posters and take the recipe cards has made a difference in our outgoing fresh produce... it's going with them!" -Angelica Lipham, Director of Collinsville Food Pantry

### East St. Louis School District #189

The EFNEP program spent a second year collaborating on a special project with East St. Louis School District 189. The Nutrition and Health Collaboration used Cooking Matters for Teens curriculum to teach 362 youth in kindergarten through 12th grade. The school district provided \$75,000 to conduct the program, triple the support of the previous year. This experientially-designed project taught youth at each class level to plan for, choose, prepare and eat healthy foods from each of the food groups. Staff hired by EFNEP taught each class a total of eight hours of hands-on, learnercentered lessons that included fruits, vegetables, protein, grains, dairy and physical activity.

One of the students in class was Joshua Tolson, an 18-year-old senior at East St. Louis Senior High School. He never missed a class. He inspired his track teammates and coaches to make healthier choices and even worked to provide healthy snacks and beverages for track practice and on their track competition trips. Josh served as an example of the impact one person can have on those around them.

Reaching students early in life helps to plant skills that impact health and wellness for a lifetime. The team won the Illinois State Class 3A Track and Field Championship in 2016-17!





# EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)

In Madison and St. Clair Counties, EFNEP staff members serve limited-resource families to help make the healthy choice the easy choice, even on a budget. Through hands-on classes that focus on improving eating habits and physical activity, EFNEP makes a difference in the lives of those we serve.

Serving Local Residents



**616** Total Adult Participants



**1,079** Total Youth Participants

**14 (2%)** Participants Who Identified as Hispanic

#### RACE OF PARTICIPANTS

- ■15% White (99)
- 81% Black (522)
- 4% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (26)

### **Our Partners**



### **Smarter Lunchroom Movement**

Extension staff have assisted 65 local schools in multiple capacities: providing training to school food service professionals, conducting nutrition and wellness assessments, and providing technical support to assist the district in identifying ways to develop and promote wellness. Extension has offered:

- School food service professional development trainings, reaching over 500 food service professionals from over 65 schools in the Metro East.
- School nutrition cafeteria assessments and support at 30 K-12 schools, implementing behavioral economic techniques that have been shown to improve meal participation and decrease food waste while improving the overall health of students.
- Development of comprehensive district wellness policies for three school districts, passed by local school boards. These resulted in school districts complying with state and federal guidelines and ensuring nutrition and wellness programming as a part of the learning environment at 20 schools.



I want to personally thank Extension for all of your help this school year. Our food service staff sincerely felt that they were important. While things needed to be done, you approached them with encouraging words, suggestions and enthusiasm. So many times those that are working in the front lines, get the impression of 'not being important' in the education of children. You guys made a difference.



Without support and guidance from the Illinois Nutrition Education Program staff, we simply would not have been adequately prepared to meet the Breakfast After the Bell mandate. SYDNEY STIGGE-KAUFMAN, MSW, DIRECTOR OF STRATEGIC PARTNERSHIPS

### Breakfast After the Bell

Breakfast After the Bell legislation was recently passed in Illinois, ensuring students who face hunger can more easily access school breakfast. Hunger has a known negative impact on children's academic performance and behavior in school. Schools where 70 percent or more of students qualify for free/reduced meal eligibility will have to serve breakfast after the instructional day begins. There are many positive links between school breakfast and academic performance, improved behavior, and reduced tardiness. Despite the positives of expanding school breakfast, implementation comes with few challenges for schools.

University of Illinois Extension has partnered with Rise & Shine Illinois to help schools prepare for their Breakfast After the Bell programs. Extension staff are available throughout Illinois to provide technical assistance, training, and breakfast promotion. In 2017, Extension staff worked with schools to implement three successful Breakfast After the Bell pilots and nine breakfast promotion events.

### **Master Naturalists**





Insect monitoring at the First Detector program

### INVASIVE SPECIES EDUCATION

Invading plants, insects, diseases, and fish are threatening our natural areas. Citizens can learn more about these pests through educational programs like the First Detector workshop and Master Naturalist training. Master Naturalists are also actively working to remove invasive plants from our areas.



Invasive plant session at Master Naturalist training

Our communities need people like the Master Naturalists who understand the invasive plants that are threatening our natural areas and can take action to help remove the plants. ILLINOIS DEPARTMENT OF NATURAL RESOURCES DISTRICT FORESTER



Youth explore the pollinator habitat at Baebler Educational Farm and discover a variety of insects living in the area

### **Pollinator Habitat Projects**

Pollinators, such as butterflies and bees, are important to our ecosystem. They pollinate fruits, vegetables, flowers, and trees. The loss of habitat and food sources are threatening their populations. Master Naturalists and Master Gardeners are planting more pollinator-attracting plants to encourage breeding in our area.

The Godfrey Village Gardens and Willoughby Heritage Farm created a monarch waystation through the Monarch Watch program sponsored by the University of Kansas. Extension educators are highlighting the importance of pollinators in our ecosystem and teaching students how selecting the right plants for their home landscape can make a difference by creating more pollinator-friendly habitats.

### **Master Gardeners**

160 Master Gardeners 10,400 Volunteer Hours \$223,922 VALUE

### FOOD DONATION GARDENS

Master Gardeners put their vegetable and fruit production skills to the test at their food donation gardens. Throughout the year, the volunteers plant, tend, and harvest produce from their projects. Over 20,000 pounds of produce was donated to local food pantries in 2017.

- Godfrey Village Gardens
- F.R.E.S.H. Teaching Garden, East St. Louis
- Henry White Farm, Millstadt
- O'Fallon Community Garden
- Stephenson House, Edwardsville
- Willoughby Heritage Farm, Collinsville

The fresh produce donation was wonderful. It disappeared quickly from the shelves. FOOD PANTRY DIRECTOR



A Master Gardener proudly harvests kale for a food pantry



Junior Master Gardeners working together to plant their garden

I didn't know sweet potatoes grow underground! YOUTH GARDENER

### **Youth Gardens**

Youth also learned about horticulture and food insecurity through their involvement with gardening projects. They learned about plant needs and how to identify weeds. The youth enjoyed watching the vegetables and fruit develop on the plants.

The biggest lesson the youth learned was patience. During the workdays, the youth wanted to harvest all of the vegetables they saw on the plants. They discovered the vegetables got larger if they resisted harvesting everything on the plant and gave the vegetables a little more time to develop.

- Alhambra Elementary School
- Junior Master Gardeners, Waterloo
- Fairmont City Library
- Scott Air Force Base Youth Center

### Supporting Unique Agricultural Operations & Crops

Madison County reports over 1,200 acres in horseradish production, which accounts for 39 percent of US production and 70 percent of Illinois production. The value of Madison County horseradish production is conservatively estimated at \$3,463,600.

Extension commercial agriculture educator Elizabeth Wahle, in partnership with the Horseradish Growers of Illinois, coordinates the annual Horseradish Growers Conference, which is attended by North American growers, processors, and researchers. Her programs focus on issues important to the sustainability of the horseradish industry:

- Regulatory issues
- Pest Management
- Crop improvement through breeding

Wahle also assists Southern Illinois University faculty with an ongoing horseradish breeding program.



Harvesting horseradish breeding trial



Grower evaluation of horseradish breeding selections

We rely on Extension to help us navigate federal food safety requirements, not only to maintain a safe food supply but to meet requirements to market our crop. HORSERADISH GROWER



Horseradish grower Barry McMillin discusses horseradish planting stock with Dr. Kimberlee Kidwell, Dean of the College of ACES at the University of Illinois.



### **Madison County 4-H**

4-H leaders are a valuable asset to the 4-H program. Their guidance and positive role modeling provides youth with confidence to improve their decision making, responsibility, leadership, teamwork, achievement, and community service.



I attribute 4-H to my ability to speak before others and to lead. Seeing members over the years continue into successful careers and their children being involved in 4-H gives me assurance that the 4-H program is valuable. 4-H LEADER



As livestock superintendents, we have seen 4-H kids receive scholarships and internships for their dedication and hard work. It is heartwarming to watch the 4-H kids doing their best and getting rewards for their hard work. LIVESTOCK SUPERINTENDENT

### PARTICIPATION

- **341** Community Clubs
- **30** 4-H Leaders
- 1,533 4-H Co. Show Projects
  - 47 Illinois State Fair exhibits
  - **27** 4-H State Fair Livestock exhibits

It is gratifying to watch youth who are too shy to speak to a group, gradually increase confidence to assume leadership positions in the club. The projects are a great outlet for creativity and learning but the real reward is the positive youth development being established. 4-H LEADER



A goal I have each year for the club is a life lesson: to encourage each member to finish what they start, whether it is a project or attending meetings. A recent example was a baseball game and 4-H show on the same day. The member understood the club goal and finished the project exhibition then went onto the game. 4-H LEADER

# Monroe County 4-H

LIVESTOCK JUDGING TEAMWORK

133 youth have enrolled in 202 4-H livestock projects, resulting in increased interest in establishing a 4-H livestock judging team. Through the support of volunteers, the team became a reality with 23 members meeting monthly to learn the basics of judging livestock in a classroom-style learning environment. In addition, members also enjoyed the opportunities to practice judging cattle at members' farms and at the sheep and goat judging contest held at the Southern Illinois Sheep Fest. Members are continuing to learn about judging methods, criteria, teamwork, and the importance of livestock care and feed for high quality production and food safety.



Being part of the 4-H Livestock Judging Team has taught me how to better evaluate livestock as I prepare to select my cattle for the next show year. Since I only show cattle, the team has helped teach me about different species that I have not had experience with. In the future, I would like to be on a college level livestock judging team, so this club is helping prepare me to reach my goals. JOSH MIDDENDORF

### PARTICIPATION

- **349** Community Clubs
- **190** SPIN Clubs
- **30** Cloverbuds
- 112 Youth Cooking School
- 296 Conservation Day
- 273 Health & Safety Day
- 358 Agriscience Roadshow
  - 40 Leaders
- 1,570 County 4-H project exhibits
  - **19** Illinois State Fair exhibits
    - 9 Illinois State Fair Livestock exhibits

### Waterloo Junior High 4-H Science Club

73 youth participated in the Waterloo Junior High 4-H Science Club. For the third year, the club has continued to grow, increasing from 45 the previous year. This continued increase resulted in adding a third group, which divided the students by 6th, 7th, and 8th grades.

Students say that, "Science Club is fun and as we grow older, challenges with the activities increase." They agree that they enjoy the fun and interactive experiments, and one student noted that she joined Science Club because she thought it, "would help improve my science grade—and it did."

4-H Teen Teachers continued to teach the 6th grade group, while volunteers and staff taught lessons to the 7th and 8th grade groups. Youth participated in activities that taught them more about the scientific method, engineering, genetics, dissection, agriculture, physics, and honeybees, which increased their excitement about science.

As a volunteer, I want Science Club members to be exposed to the possibilities early on and start appreciating some of the amazing things science can do. Junior high is a great age because it's a transitioning time in their lives. The exposure to many different things can keep their minds open and willing to learn more.



### St. Clair County 4-H

The St. Clair 4–H Ambassador group is an opportunity for 4–H teens to increase their public speaking and leadership skills. They play an active role in supporting the county program and have accepted more responsibilities within their community clubs as well as becoming positive role models to the younger 4–H members. They plan and conduct countywide events including a livestock workshop, achievement recognition program, and 4 –H trivia night fundraiser. The teens also play an important role of superintendent at the 4–H shows.

4-H has helped me build my confidence so that I can better express my ideas with other kids and adults. 4-H AMBASSADOR



4-H has taught me that action starts with one person. It might be something small like thanking a first responder for their service or it might be something bigger like organizing food drives for the local food pantry. There is always some need to launch a community service effort. 4-H AMBASSADOR



### PARTICIPATION

167 Community Clubs
10 4-H Leaders
957 4-H Co. Show Projects
34 Illinois State Fair Exhibits
10 4-H Ambassadors



At the Speaking for Illinois 4-H training, I learned a lot about the proper way to speak to state representatives. The skills I learned have helped me with my public speaking and confidence in myself to speak to my peers, adults, and officials. STEPHEN SCHULTE, 4-H AMBASSADOR

### Metro 4-H



Educators Positively Impacting Change (E.P.I.C.) hosted a science camp for elementary aged youth this summer. 4–H was invited to facilitate three sessions on Junk Drawer Robotics. Over the course of the camp, youth learned about pivot joints and how to accurately record their results, how to build a sustainable boat out of foil to transport penny passengers, and how to draft and test out multiple designs to make the ultimate marshmallow.

## Youth Futures: Mary Brown Center



As part of the Youth Futures Grant awarded to University of Illinois Extension in partnership with National 4–H Council and the Office of Juvenile Justice and Delinquency Prevention, students participated in college tours in the Metro East area. Students visited Washington University in St. Louis, Lindenwood College in Belleville, Harris–Stowe State University in St. Louis, and University of Missouri–St. Louis. The experience allowed students to better grasp the importance of high school test scores, extracurricular activities, sharing living quarters, what majors correlate to careers, and how to stay involved on campus.

### PARTICIPATION

- **37** Youth Futures
- **13** Youth Futures Mentors
- **16** Wyvetter Younge Leadership
- 7 Educators Positively Impacting Change
- 107 Health Rocks, Robotics, Leadership

### Wyvetter Younge

This year, Wyvetter Younge is introducing social and emotional learning to the classroom. 4-H's program Tackling the Tough Skills has been a valuable asset that students and staff have found to be beneficial.



My favorite thing about Youth Futures is learning about grants and loans for college. YOUTH FUTURES PARTICIPANT



Youth compete to build the tallest tower as a team building activity



## 4-H Military Initiative Program

4-H clubs are active at the Scott Air Force Base Youth Center for over 100 youth of all ages. Youth develop skills in science, technology, engineering, and math while studying and experimenting in a variety of project areas. Several programs are highlighted below.

# Textile Camp & Brown Bag Run

Sewing on buttons and mending may be a lost art for many, but not for 10 committed youth who attended a week-long camp to learn these skills along with using a sewing machine. Members also had the opportunity to design their own pattern, select fabric, and construct an apron. To individualize the garment, members selected a choice of adding pockets and buttons.

The Brown Bag Fashion Design project taught clothing design principles using simple brown grocery bags. Participants learned about design elements then spent time designing and constructing a garment from the grocery bag with the addition of other items. The members then wrote a brief fashion design description, which was read as they modeled their garment for the fellow Youth Center members.

As a result of the popularity of these events, a sewing club was established. Members have created pillows, an embroidery wedding gift, a purse from a retired military uniform and stuffed animals from a well-worn sweater.



## 4-H Detectives at Work

During 4-H activities, members have the opportunity to explore future career opportunities. The after school 4-H Tech Wizard members researched various jobs pertaining to law enforcement and how police professionals use science to solve crimes. During the club's CSI activities, members learned the importance of gathering witness information, comparing tire tracks and examining splatter patterns.

Detective William Barlock of the O'Fallon Police Department spoke to the youth and provided instructional expertise in lifting latent fingerprints. Youth received some hands-on experience and were able to take a copy of their prints home.



Detective Barlock of O'Fallon Police Dept. demonstrates the proper technique to collect fingerprints

4-H is terrific! We get to make new friends, work in groups, and learn about science in a fun way! 4-H PARTICIPANT

### Tech Wizard JR Club

Coding, electronic art, 3D project creativity, robotics, electronics, and food science were educational activity sessions in which fifteen 5-8 year old students participated. They became acquainted with 4-H experimental learning through the activities.

### Thank you!

We take this opportunity to thank all of the volunteers that help support University of Illinois Extension programming in Madison, Monroe, & St. Clair counties. Without your help our education outreach would not be what it is today. You play a vital role in our success and we look forward to your continued support.

# **4-H Hall of Fame Inductees**



Connie Grapperhaus is Madison County's recipient of the 2017 IL 4-H Hall of Fame. Connie enjoyed 30 years as a 4-H volunteer. Connie continues to assist at the 4 -H County Shows!



Joe & Sharon Marquardt are the 2017 Monroe County inductees into the IL 4-H Hall of Fame. As a team, they have provided leadership to a 4-H Club for 10 years. They continue to support the 4-H livestock program in a variety of ways!

### Volunteers are Valuable





















Heart!







Hands!







Health!

### Celebrating 40 Years of Dedicated Service to University of Illinois Extension



Pam with Dr. George Czapar, Extension Director



Pam with Julie Mumbower, Regional Director



Pam with Arlin Obst, retired Extension Agriculture Adviser Pam began her University of Illinois Extension career as the Monroe County Youth Adviser then became the unit leader followed by County Extension Director. In addition, she has served as:

- Interim County Director in several units
- Half-time Interim Associate Regional Director
- Numerous regional, state and national Extension leadership committees

Pam has and continues to be involved in professional associations:

- Epsilon Sigma Phi leadership: President, Treasurer and Awards & Scholarship committee chairman
- Epsilon Sigma Phi Award recipient: Distinguished Service Award, Administrative Leadership, Continued Service, J.C. Spitler Leadership & Mid-Career Award
- Illinois Extension Professional for Youth Education leadership: President, Newsletter Editor, Southern Region Director and multiple committees.
- IEPYE & National Association Extension 4-H Agents award recipient: Distinguished Service Award, Meritorious Service, numerous program and promotion awards

She has been recognized with multiple Extension and community awards:

- University of Illinois Extension Awards: Excellence in Extension, Academy of Extension Excellence Achievement, Mentor Award, Illinois Nutrition Extension Program Team Award and Unit Program Achievement.
- Community Recognition: Federal Emergency Management Agency Outstanding Contribution, Kid's Day America, County Fair Association Service and Chamber of Commerce Community Service.

Pam indicates, "Working in partnership with dedicated volunteers and staff to maintain a steadfast educational program for youth and adults continues to be a major highlight of career achievement!"



Pam with Extension colleague friends



### **STAFF**

#### COUNTY EXTENSION DIRECTOR Pamela Jacobs

#### **OFFICE SUPPORT**

Patty Stanton, Office Support Associate Mary Kay Rahn, Office Support Associate Paige Brown, Office Support Associate

#### EFNEP

Linda Crawl Jackson, Extension Specialist, Family Consumer Sciences, EFNEP/SNAP-Ed Karla Isaak, Office Support Associate Gestavia Peeples, Work Program Participant LaKeisha Perry, Work Program Participant Brenda Randall, Work Program Participant Chastidy Wilson, Community Worker Ellen White, Community Worker Aretha Burn, Extra Help Shatalia Dorrough, Extra Help Bernard Hoffman, Extra Help Crystal McDonald, Extra Help

#### **4-H YOUTH DEVELOPMENT**

Genesis Powell, Extension Educator, Metro Rachel Hazen, Extension Educator Kelly Brandt, Program Coordinator Lynn Weis, Program Coordinator, Military

**COMMERCIAL AGRICULTURE** Elizabeth Wahle, Extension Educator, Specialty Crops

HORTICULTURE & NATURAL RESOURCES Sarah Ruth, Program Coordinator

#### **SNAP-Ed & ABCs OF SCHOOL NUTRITION**

Amy Funk, Extension Educator Laquitsha Bejoile-Hayes, Program Coordinator Mariel Lemon, Program Coordinator Kaitlin Becherer, Community Worker Belva Blakely, Community Worker Cindy Dorris, Community Worker Julie Fulton, Community Worker Maritza Lemke, Community Worker

# **I** ILLINOIS

Extension college of agricultural, consumer & environmental sciences

University of Illinois ~ U.S. Department of Agriculture ~ Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate in any program, please contact the county Extension Office. The Illinois Nutrition Education Program is funded by the Supplemental Nutrition Assistance Program (SNAP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.

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