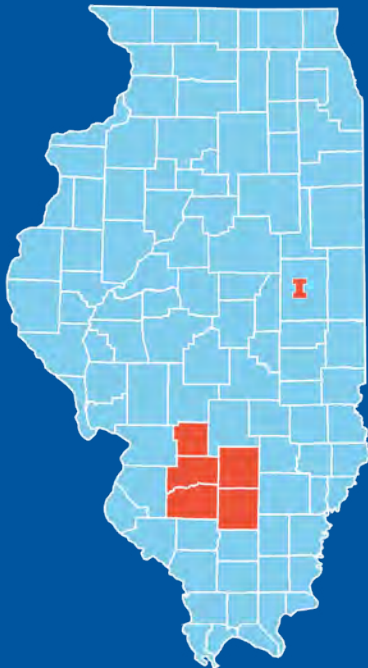




University of Illinois Extension provides practical education you can trust to help people, businesses, and communities solve problems, develop skills, and build a better future. Based in the College of Agricultural, Consumer and Environmental Sciences, Extension is the statewide outreach program of the University of Illinois at Urbana Champaign.



|   |   |
|---|---|
| Financial Reports                           | 3 |
| Supplemental Nutrition Assistance Education | 4 |
| Agriculture and Natural Resources           | 5 |
| 4-H and Youth Development                   | 6 |
| Staff Directory                             | 7 |



## A Message from the Chancellor

The University of Illinois at Urbana Champaign is an economic engine and a driver of innovation, deeply rooted in the Illinois prairie and engaged statewide, from Cook County to Cairo. Illinois Extension brings the University to your doorstep. Extension educators live and work alongside you in every county, allowing the university to support local leaders, businesses, farmers, and residents to address grand challenges and everyday problems with practical, research-based solutions. As a youth, my own 4-H experience inspired a rewarding career in agricultural research and higher education. Today, it's an honor to lead this great public university and deepen its commitment to serve the people of Illinois.

Robert J. Jones  
 Chancellor, University of Illinois



## A Message from the County Director

On behalf of University of Illinois Extension and the staff serving Bond, Clinton, Jefferson, Marion, and Washington counties, I want to personally thank you for your continued support.

Our commitment to bring you relevant, reliable and responsive education to improve lives and economies throughout the communities in which we live, work, and play remains strong. Illinois Extension continues to adapt to meet the local needs of our clientele, and will continue to serve our local communities for years to come. Extension is part of the solution to the challenges we face in Illinois, and we are looking forward to addressing those challenges with our local partners.

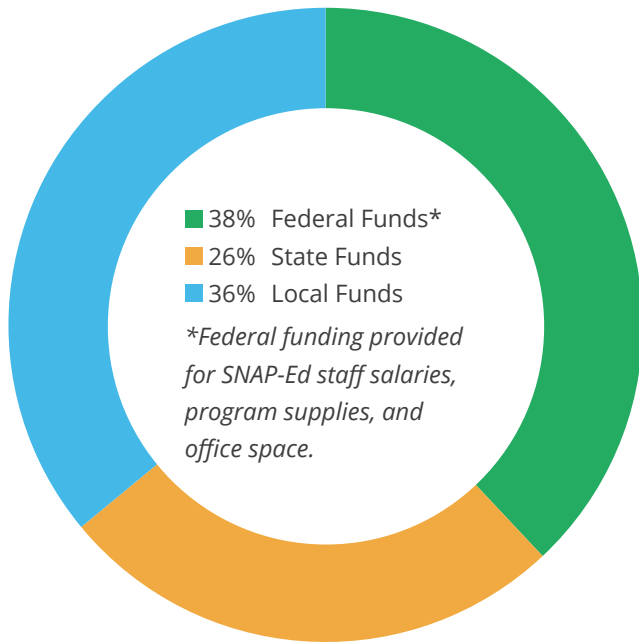
In 2019, success has been measured by pounds of produce grown in local community gardens and donated to food pantries; new production and management knowledge implemented by producers; and experiences that relate to belonging, independence, generosity, and mastery fostered by adults partnering with youth.

Please take some time to browse this impact report and learn about the exciting educational programs taking place in our local communities. We are excited about the upcoming year and the programs Extension will deliver throughout Bond, Clinton, Jefferson, Marion, and Washington counties. Please visit our website and follow us on social media to learn more about events and activities offered through Extension.

Jordee Justice  
 County Extension Director



## Fiscal Overview and Community Partnerships



### Funding Partners

- Bond, Clinton, Jefferson, Marion, & Washington counties Extension Council
- Bond County 4-H Federation
- Bond County Ag Youth Foundation
- Bond County Board
- Bond County Farm Bureau
- Bond County Association for Home & Community Education
- Clinton County 4-H Federation
- Clinton County Association for Home & Community Education
- Clinton County Board
- Clinton County Extension Foundation
- Jefferson County 4-H Foundation
- Jefferson County Board
- Jefferson County Association for Home & Community Education
- Jefferson County 4-H Youth Representatives
- Marion County 4-H Federation
- Marion County Board
- Marion County Association for Home & Community Education
- Washington County 4-H Federation
- Washington County Association for Home & Community Education
- Washington County Board
- Washington County Extension Education Foundation

## Mobile Markets Provide Community Resources

In Illinois, 1.6 million people face food insecurity, and one in every ten have poor access to food. Those facing food insecurity are at greater risk for chronic health issues and poor quality of life, including poor academic performance and behavioral issues in children. Mobile Markets are brought to two local communities through a partnership between the St. Louis Area Food Bank and University of Illinois Extension. The Mobile Market makes a visit to Nashville and Centralia once a month. The markets are open to all area individuals in need; there is no income verification required. Clients bring their own bags, boxes, and carts to transport items home. Each delivery is different, offering a variety of fresh produce, dairy, perishable, and non-perishable items. Each month, the markets provide 14,000 pounds of perishables to an average of 270 families.

Extension staff serve as the coordination point between the food bank and the local community. SNAP-Ed Educator Ashley Hoffman is the main contact person, but the program includes collaboration with the 4-H team and Local Foods Systems & Small Farms Educator Laurie George. 4-H program coordinators recruit youth and adult volunteers, and George teaches the volunteers safe food handling practices. The clients are also provided educational materials by the SNAP-Ed team in the form of nutrition education stations offered at the market sites. They learn how to make healthier food choices and how to prepare some of the different food items available at the markets.



Hannah Niedbalski and Kinze Fox are two of the Nashville High School students who volunteer as Hunger Ambassadors through a collaboration between Nashville FFA and Washington County 4-H.



### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-EDUCATION)

SNAP-Education works with Illinois families in need to make the healthier choice an easier choice where they eat, shop, live, play and learn. Through classes and workshops, and by collaborating with community partners to adopt research-based solutions to encourage healthier nutrition and activity choices, SNAP-Education positively impacts the families and communities we serve.

### Serving Local Families



8,805  
Total SNAP-Education Participants



28%  
Adults



72%  
Youth



2% Identified as Hispanic  
66% Identified as Non-Hispanic  
32% Unknown



- 87% White (7,074)
- 12% Black (957)
- 1% American Indian or Alaska Native, Asian, or Native Hawaiian or Pacific Islander (101)

### Our Community Partners



30  
K-12 Schools



17  
Youth Centers



5  
Store or Markets



27  
Early Childhood



24  
Community Centers



12  
Food Pantries and Food Banks

### Clients Use What They Have Learned

The Eating Smart, Being Active class is an evidence-based, healthy eating and activity curriculum for adults that also focuses on food preparation and food safety. The Eating Smart, Being Active class at Casey Avenue Baptist Church in Mt. Vernon learned about healthy, low-cost ways to use protein in their meals. The class made Illinois Nutrition Education Program's (INEP) turkey meatball recipe and it was a huge hit with participants. Once a month, members of the church provide a meal at the local homeless shelter. Class participants are involved in helping with the meal and, after trying the turkey meatballs, they decided to include them in the menu for the shelter meal. The participants are taking what they have learned in class and putting it to practical use.

### Summer Reading & Healthy Eating

As part of the Bryan-Bennett Library summer reading program, the community was invited to a tour of the Salem Community Garden, which is operated and maintained by Extension staff, Master Gardeners, and community members. During the tour, children and their families learned how to plant seeds, identify vegetables, and harvest herbs and vegetables, in a collaborative effort by Master Gardeners, SNAP-Ed staff, and library staff. The children played garden games, received some seeds of their own, and planted a watermelon seed to get their own garden started. SNAP-Ed staff provided a MyPlate lesson about fruits and vegetables and shared the importance of colorful fruits and vegetables as part of a healthy diet. Participants sampled recipes made with fresh, locally grown produce. Following the program, one mother shared that her child loved the recipes and asked to try them at home.





### Illinois Farmers Market Webinars

Illinois Extension partners with the Illinois Farmers Market Association to offer educational webinars for specialty growers, market managers, and the general public. With changes to cottage food laws in recent years and the growth in popularity of farmers markets, it's important to provide programs that will support both sellers and buyers. Farmers markets fill a vital roll in bridging the gap between the public and the origin of their foods. Markets encourage people to eat healthy and eat local foods.



### Master Gardeners & Master Naturalists

Participants join the ranks of Extension volunteers in their home communities, working to educate the public on a wide range of topics, from starting gardens to growing native plants and taking care of houseplants. Master Gardeners and Master Naturalists teach lessons at civic organizations, in local classrooms, and at outdoor education days. They also identify needs in the community and work together to meet those needs. They may help eliminate invasive species from nature preserves, clear hiking trails at local parks, or help maintain community and teaching gardens.



134  
Master Gardener & Master  
Naturalist Volunteers



100+  
Projects & Programs



3,000+  
Volunteer Hours



\$78,750+  
Value to Communities



6,000+  
Direct Contact



### Community and Teaching Gardens

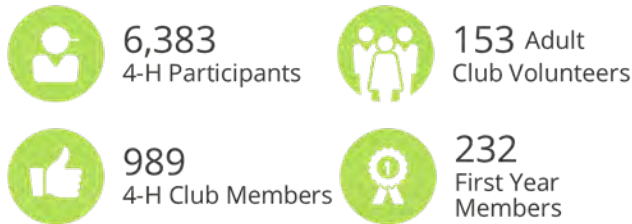
Illinois Extension staff members and Master Gardeners coordinate community and teaching gardens in several communities. In addition to providing an opportunity for local youth and adults to learn to grow their own produce, harvests from the gardens go back into local communities. The gardens donate a significant portion of their harvest to local food pantries, schools, day care centers, and nursing homes. In 2019, more than 1,675 pounds of produce was donated from five gardens throughout the unit.



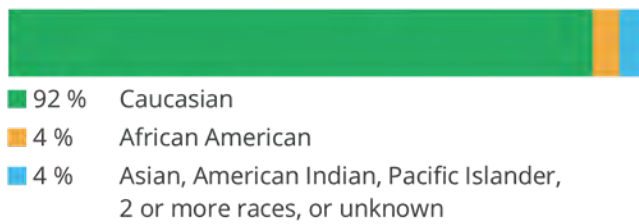
## Serving Youth in Bond, Clinton, Jefferson, Marion, and Washington Counties

Wherever you live, 4-H is there. Whoever you are, 4-H is the place where you belong and are part of the club, where you serve in the world where you live, where you act on matters important to you, and where you learn to accomplish the dreams you strive to achieve. Illinois 4-H empowers and prepares youth for success — for today, tomorrow, and a lifetime.

### Program Reach



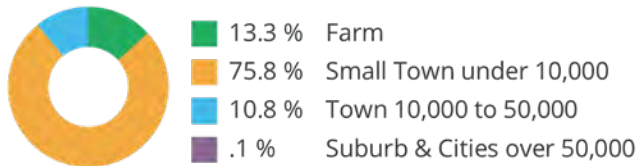
### RACE



### ETHNICITY



### RESIDENCE



4-H member, Whitney Quick, exhibits her animal science project at the Bond County 4-H General Projects Show. Youth can participate in a number of animal science opportunities that don't involve showing a live animal.



## SPIN Clubs Impact the Future

A 4-H Special Interest (SPIN) club is an opportunity for youth to explore a specific area that may be of interest to them (e.g., cake decorating, archery, livestock judging, etc.). Through this type of club setting, volunteers are able to share their passion about a specialized topic. SPIN clubs are an excellent way to share knowledge in nature, heritage arts, science, engineering, gardening, or whatever special knowledge that they possess. SPIN clubs are a great way for youth to explore career opportunities that they may not have considered, otherwise. Our unit is fortunate to have many SPIN clubs offering a variety of topics and opportunities to youth.

### Bond

Sewing Club

### Clinton

Livestock Judging  
Shooting Sports  
Gear Head Robotics  
Wranglers Horse Club  
Quilt Club

### Jefferson

King Clovers (Robotics)  
Minions of Scientific Mayhem  
Shooting Sports  
Livestock Judging

### Marion

Barn Quilt Club  
Bee Keeping Club  
Crochet Club  
Horse Competitive Teams  
Livestock Judging Team  
Poultry Commanders  
Shooting Sports  
STEM Club

### Washington

Robotics  
Barn Quilts  
Shooting Sports

4-H SPIN clubs match a volunteer's skills and talents with a small group of young people who want to learn.



Jordee Justice  
Extension  
County Director



Rhonda Mueller  
Fiscal  
Office Support



Alishia Winkler  
Marion County  
Office Support



Joan Tate  
Jefferson County  
Office Support



Karen Knox  
Bond County  
Office Support



Elaine Craver  
Communications  
Coordinator



Laurie George  
Local Foods, Small Farms  
Educator



Gail DeVilbiss  
Ag. & Natural  
Resources



Chris Lueking  
Ag. & Natural  
Resources



Ashley Hoffman  
SNAP-Education  
Educator



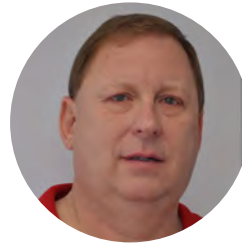
Kristen Buttrum  
Jefferson County  
SNAP-Education



Kelley Priedium  
Marion County  
SNAP-Education



Krystal Pruden  
Marion County  
SNAP-Education



Dan Spangler  
Jefferson County  
SNAP-Education



Crystal Ulmer  
Bond County  
SNAP-Education



Kara Boozer  
Marion County  
4-H Youth  
Development



Amanda Fox-Clark  
Washington County  
4-H Youth  
Development



Vicki Enloe  
Bond County  
4-H Youth  
Development



Ramona Girtman  
Jefferson County  
4-H Youth  
Development



Cheryl Timmermann  
Clinton County  
4-H Youth  
Development

### Extension Council

Katie Cayo  
Greenville

Kelly Elias  
Breese

Cindy Mitchell  
Mt. Vernon

Steve Newton  
Greenville

Lilly Trapp  
Sorento

Mike Claypool  
Centralia

Michelle Haller  
Pocahontas

Carole Moeller  
Nashville

Wayne Polczynski  
DuBois

Bill Waggoner  
Alma

Shelby Claypool  
Centralia

Glen Hemker  
Bartelso

Donte Moore  
Mt. Vernon

Brent Schorfheide  
Hoyleton

Regina Donoho  
Iuka

Helen Leonhardt  
Salem

Vanessa Newell  
Mt. Vernon

Jason Timm  
Iuka

---

## OFFICE INFORMATION

### Bond County Extension

925 E. Harris Ave.  
Greenville, IL 62246  
(618) 664-3665  
Mon - Fri, 8 am - 4:30 pm

### Clinton County Extension

1163 N. 4th Street  
Breese, IL 62230  
(618) 526-4551  
Mon - Fri, 8 am - 4:30 pm

### Jefferson County Extension

4618 Broadway  
Mt. Vernon, IL 62864  
(618) 242-0780  
Mon - Fri, 8 am - 4:30 pm

### Marion County Extension

1404 E. Main, Rt. 50 East  
Salem, IL 62881  
(618) 548-1446  
Mon - Fri, 8 am - 4:30 pm

### Washington County Extension

9623 Wall St.  
Nashville, IL 62263  
(618) 327-8881  
Mon - Fri, 8 am - 4:30 pm

---

## ONLINE



[/bcjmwu23](https://www.facebook.com/bcjmwu23)



[@UofExtBCJMW](https://twitter.com/UofExtBCJMW)



[go.illinois.edu/bcjmw](https://go.illinois.edu/bcjmw)

Cover photos: (top left) Emma Bohn and Parker Karrick participating in mixers at a teen leadership workshop. (top right) Eleanor Schumacher watching hummingbirds take flight at a bird banding event. (bottom left) Two members of the Marlow Cardinals 4-H club helping install a little library in their town. (bottom right) Master Gardener Nancy Gillard helping with activities at Nature Camp.

University of Illinois ~ U.S. Department of Agriculture ~ Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment.

If you need a reasonable accommodation to participate in any program, please contact the county Extension office. The Illinois Nutrition Education Program is funded by the Supplemental Nutrition Assistance Program (SNAP). Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the US Department of Agriculture by the Director, Cooperative Extension Service, and University of Illinois.