

Also consider attending an event outside of your own club! 4-H offers workshops to support project areas at the County and Unit level. All members are encouraged to attend these workshops to learn a new skill. There are also several [State Conferences](#) that members may attend that will offer you incredible opportunities. The more you attend the more you grow!

NEWSLETTERS/E-BLASTS/FACEBOOK

Stay up to date by following us on [Facebook](#) – Washington County, Illinois 4-H, read e-blasts and newsletters. It's a busy world and we communicate in various ways so our families and members are prepared for all aspects of the 4-H experience. Our websites are also a great source of information:

<https://extension.illinois.edu/bcjmw/4-h-washington-county> and <https://4h.extension.illinois.edu/>.

4-H TALKS AND DEMONSTRATIONS



“Talks” and “demonstrations” are just fancy ways of saying you have to share your knowledge with others. 4-H is a fun and safe place to practice public speaking. After all, it's just your friends and family who will be listening to you, so you don't have to worry. You will need to give one of these in front of your club prior to show day. Simply put: a **TALK** or **SPEECH** is “**TELLING ABOUT** something” and a **DEMONSTRATION** is “**SHOWING HOW** something is done”.

- Pick one idea about your 4-H project to give your presentation on. For example, it would be hard to write a speech if your topic was “COWS”, but if you narrow it down to “HOW TO EAR TAG A COW”, your speech becomes very clear and will be easier to write.
- Speeches should have:
 - o a start (something that will catch the member's attention and give a clue to what your presentation is about)
 - o a middle (all of the neat stuff you know about your topic. Don't tell us everything...pick 3-5 main points)
 - o an end (leave us with a “wow” ending so that we will remember your presentation)
- Practice, practice, PRACTICE!
- Look at the audience and try not to fidget. Relax and breathe!

RECORDS & ACHIEVEMENT

We believe in the importance of recognizing our members for all of their accomplishments throughout the year. Washington County hosts a fall Achievement Night for this reason. It is important to keep a record of what you've done: meetings and workshops you attended, service opportunities you participate in, leadership experiences as well as your project work. You will find it helpful to have a complete record of your 4-H activities and accomplishments for future use with college applications and job resumes. We can't wait to celebrate all that you've done this year!



Our Achievement and Recognition program consists of a member record, [livestock records](#), [goal sheets](#), and Cloverbud member record. Officers must also submit [secretary](#) and [treasurer](#) books. Keeping track monthly will ensure that you don't forget something at the end of the year. We want to make sure you are recognized for your accomplishments in your first and succeeding years in 4-H. Member records and county award applications are due August 31.

MEMBER CHECKLIST

Every enrolled 4-H member must attend a *minimum* of four 4-H sponsored meetings, activities, or events during the current 4-H year (September 1 - show day) in order to be eligible for 4-H exhibition, premiums, or other 4-H awards and recognition.

Fall

	Choose a 4-H Club
	Re-enrollment – due October 31
	Open Enrollment for new members – available all year long
	Attend Foundation Fundraiser Dinner in support of enrollment fees
	Project Selection – due December 1
	Request project manuals
	Sign liability form once per career
	Read monthly eblasts
	Like our Facebook page
	Attend any offered new member activities and participate in National 4-H Week Activities (October)
	Begin tracking the activities you participate in

Winter

	Complete Goal Sheets – due December 1
	Give a talk/demonstration
	Consider serving on a club or county committee to gain some leadership skills

Spring

	Animal and Livestock members – complete your online QAEC training (once per career)
	Livestock members (beef, dairy, goat, swine, sheep) – complete your YQCA training annually
	Access and read the show handbook
	Watch for instructions regarding project entry into the fair – due May 15

Summer

	Exhibit your project at a culminating event and/or fair
	Submit county member records and award applications – due August 31

Find this document and access to all included hyperlinks in one convenient location at
<https://extension.illinois.edu/bcjmw/4-h-washington-county>.

A paper version of all above mentioned documents is available from the Extension Office upon request.

9623 Wall St. Nashville, IL 62263 (618) 327-8881 <http://web.extension.illinois.edu/bcjmw> abfox@illinois.edu

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