

EXTENSION SNAPSHOT

Fulton-Mason-Peoria-Tazewell Unit



COLLEGE OF AGRICULTURAL CONSUMER &
ENVIRONMENTAL SCIENCES

What I Do and Why It Matters

This new Snapshot series serves as a way to re-introduce you to our unit staff. Each month a different staff member will be featured.

Jo Elyn Smith recently celebrated her tenth year providing nutrition education through University of Illinois Extension EFNEP. She teaches both youth and adults at partnering agencies, after school programs, and food pantries.

What I Do and Why it Matters



“I reach people in the Peoria community to help them better understand what tools they need to become healthier. This is important to me because each person I reach is different in what they need to become healthier.”

Jo Elyn Smith

Expanded Food and Nutrition Education Program—Instructor
josmith@illinois.edu

Since 2009, Jo Elyn has been a part of the U of I Extension team. Her work is focused in Peoria County.

EDUCATION

Illinois Central College Associate of Arts & Science
Bradley University, Bachelor of Science, Dietetics
Illinois State University, Master of Science, Dietetics

HONORS AND ACHIEVEMENTS

University of Illinois Extension EFNEP Team Programming Award—2019

EXTENSION FOCUS AREAS

Food Pantries Adult Cooking Schools
Youth After School Cooking Schools Adult Exercise Class

EXAMPLES OF JO ELYN'S PROGRAM PARTNERS

- New Life Ministries Food Pantry
- Mount Zion Church Food Pantry
- Dream Center Peoria Cooking School
- Southside Mission Culinary School

