

EXTENSION SNAPSHOT

Fulton-Mason-Peoria-Tazewell Unit

I ILLINOIS Extension

COLLEGE OF AGRICULTURAL CONSUMER &
ENVIRONMENTAL SCIENCES

What I Do and Why It Matters

This new Snapshot series serves as a way to re-introduce you to our unit staff. Each month a different staff member will be featured.

Providing professional development trainings to food service staff is one of Kaitlyn Streitmatter's roles in our unit. The trainings help improve the lunch room environment, nutritious food options, and food safety, all with the ultimate goal of improving the nutrition intake of the students and teachers.

What I Do and Why It Matters



“I implement policy, systems and environmental change in order to encourage the community of Fulton, Mason, Peoria and Tazewell Counties to lead healthier lives. I collaborate with community partners and organizations to provide technical assistance and nutrition education for limited resource families and communities.”

Kaitlyn Streitmatter
SNAP-Ed Educator
kaitlyns@illinois.edu

Kaitlyn started her career with Illinois Extension in 2016 as SNAP-Ed program coordinator serving Fulton, Mason, Peoria, & Tazewell Counties. She took over the educator role in 2017.

EDUCATION

B.S. University of Illinois
M.S. Southern Illinois University , Edwardsville
Certified Health Education Specialist and Health Fitness Specialist

PROFESSIONAL AFFILIATIONS

National Extension Association of Family and Consumer Sciences
Illinois Association of Family and Consumer Sciences
Partnership for a Healthy Community
Healthy Eating Active Living– Chair
Regional Fresh Food Council

FOCUS AREAS FOR PROGRAMMING

School Wellness
Emergency Food
Early childhood



EXAMPLES OF KAITLYN'S CURRENT PROJECTS

- ◆ School wellness policy
- ◆ Structured indoor physical activity
- ◆ Food service professional development trainings
- ◆ School, early childhood centers, and food pantry environmental assessments
- ◆ Grant application technical assistance