

EXTENSION SNAPSHOT

Fulton-Mason-Peoria-Tazewell Unit



COLLEGE OF AGRICULTURAL CONSUMER &
ENVIRONMENTAL SCIENCES

What I Do and Why It Matters

This new Snapshot series serves as a way to re-introduce you to our unit staff. Each month a different staff member will be featured.

Margaret Cover leads a team of nine staff who work to educate low-income families with youth about proper nutrition and healthy living.

What I Do and Why It Matters



“I supervise nine EFNEP staff who provide nutrition education to low-income families with children and programs for youth, including summer cooking schools. I also serve as preceptor for dietetic interns from Bradley University, Illinois State University, University of Illinois, and OSF St. Francis Medical Center.”

Margaret Cover

Expanded Food and Nutrition Education (EFNEP) Educator
mcover@illinois.edu

Margaret has been the EFNEP educator serving Peoria County since 2004. She has worked for Illinois Extension since 1997.

EDUCATION

M.A. from Bradley University
B.S. from Illinois State University

JOB HISTORY

Program Assistant working in homeless shelters in Peoria
Program Coordinator teaching Temporary Aid to Needy Families (TANF)
Program Coordinator for Peoria County

PROFESSIONAL AFFILIATIONS

Epsilon Sigma Phi Extension Professionals’ Organization
National Extension Association of Family and Consumer Sciences
Illinois Association of Family and Consumer Sciences
Peoria Area Family and Consumer Sciences group, current President

FOCUS AREAS FOR EFNEP PROGRAMMING

Schools (Kindergarten through High School)
Early Childcare Centers
Community Organizations - Youth
Community Organizations - Adult
Emergency Food Sites



EXAMPLES OF MARGARET’S CURRENT PROJECTS

- ◆ Oversight of summer cooking schools
- ◆ Preceptor for dietetic interns from area universities
- ◆ Safe Kids Coalition
- ◆ Healthy Eating, Active Living Coalition
- ◆ South Side of Peoria food availability issue
- ◆ Money Smart Week activities