

WILLIAMSON COUNTY 4-H NEWS

November 2020



November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Junior Leadership Conference
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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Find us online, anytime at: extension.illinois.edu/fjprw

Junior Leadership Conference

November 7 | Virtually held on ZOOM

You'll laugh. You'll make new friends. You'll even learn cool ideas to take back to your own 4-H Club at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7th and 8th grade. Registration closes when we reach 250 participants, so don't wait to the Oct. 24 deadline. Do it now! REGISTER: go.illinois.edu/4Hjlc. This year's conference will be held virtually on ZOOM. Links for sessions, workshops and activities will be send in advance to participants.

In addition to cool things to do, you'll each have the opportunity to select two of these workshops to attend:

Bouncin' Back: Resilient Me: Have you ever received a bad test grade? Maybe you did not get the 4-H Officer position you ran for or you just had a bad day. We all face hardship or adversity in our daily lives, but do not let it be something that stops you! Join us as we learn how to build our resilience through a series of games and challenges!

From Leading to Succeeding: Has the idea to become a successful leader ever crossed your mind? If so, this is the workshop for you! You will learn how to be a better leader in your county and hear about various 4-H opportunities at the state and national level.

Inspire Others to Serve: A fun and interactive way to learn how to plan and run your own community service project in your community! We will begin giving you ideas, tips, and tricks to help you be successful in leading a project, then we will create and run mock projects. You'll leave knowing how to involve yourself in your community, and the ability to implement your own community service project.

Mind Matters: Do you feel stressed out all the time? Maybe you can't help but procrastinate? Then this is the workshop for you! In this workshop, we will be going through time management skills and techniques to help you manage stress. So don't stress, you got the time to join this workshop!

Speak Out: Learn to listen, effectively share thoughts, and speak out! In this workshop we will also talk about confidence, how to send positive body language and provide constructive feedback. Improve your communication skills through games and activities with us!

Teaming Together to Lead the Fun: Are you ready to take action? Join us and begin to learn some creative ways to gain communication and leadership skills through our fun virtual team building games! With both small groups and the entire team, collaborate together to solve problems and create stories that enhance your teamwork skills.

Link to Register: <https://web.extension.illinois.edu/registration/?RegistrationID=22579>

Event Page: <https://4h.extension.illinois.edu/events/illinois-4-h-junior-leadership-conference>

4-H Online

4-H Online has a new look and is ready for all members to enroll/re-enroll!

A Family User's Guide has been created to help walk families through enrollment/re-enrollment. All are encouraged to utilize 4-H Online for enrollments, however paper forms will be available to individuals who do not have access to the internet.


Link to 4-H Online Family User's Guide:

https://extension.illinois.edu/sites/default/files/family_enrollment_guide.pdf



JOIN A VIRTUAL SPARK 4-H CLUB

Animal Science 4-H Virtual Club




Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

The club will meet the following Tuesdays from 5:00-6:00 pm via Zoom.

October 20, 2020	February 16, 2021
November 17, 2020	March 16, 2021
January 19, 2021	April 20, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming, should contact (618) 993-3378. Early requests are strongly encouraged to allow sufficient time for meeting access needs.

Healthy Living Virtual 4-H Club



Enjoy a fun activity and virtual meeting each month! Members will receive a box each month filled with the supplies to complete a hands-on activity.

The club will meet the following Thursdays from 6:00-7:00 pm via Zoom.

October 22, 2020	February 25, 2021
November 19, 2020	March 25, 2021
January 28, 2021	April 22, 2021


This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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4-H Virtual STEM Club




Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

The club will meet the following Wednesdays from 4:30-6:00 pm via Zoom.

October 14, 2020	February 10, 2021
November 18, 2020	March 10, 2021
January 13, 2021	April 14, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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Creative Arts Virtual 4-H Club



Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

The club will meet the following Thursdays from 5:30-6:30 pm via Zoom.

October 29, 2020	February 25, 2021
November 19, 2020	March 25, 2021
January 28, 2021	April 22, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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Environmental Science 4-H Virtual Club



Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

The club will meet the following Thursdays from 4:00-5:00 pm via Zoom.

November 19, 2020	February 18, 2021
December 17, 2020	March 18, 2021
January 21, 2021	April 15, 2021

This club is open to youth ages 5-7, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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Cloverbud Virtual 4-H Club



Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

The club will meet the following Sundays from 4:00-5:00 pm via Zoom.

October 18, 2020	February 21, 2021
November 15, 2020	March 21, 2021
January 17, 2021	April 18, 2021

This club is open to youth ages 5-7, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

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4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the *4-H Volunteer Café Conversations*. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

Thursday, November 19, 2020

Thursday, February 18, 2021

Thursday, May 20, 2021

SAVE THE DATE! Registration link will be provided soon.

4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Engaged volunteers are central to a thriving 4-H club program which is why we have developed three new virtual volunteer training opportunities for you this fall! Please hold the following dates and watch your email for an email for a registration details so you can participate in the following training opportunities!

Effective & Engaging Meetings – Thursday, November 12, 2020

The 4-H club meeting is typically one of the first experiences for new youth and new families interested in 4-H. This is the place where members get to know one another and share ideas. This means creating engaging and effective club meetings is the first opportunity to capture the interest of the members and the confidence of the parents. Join us to learn key strategies to help you create effective & engaging 4-H experiences in your club!

4-H Federation

DO you like 4-H? Are you at least 13 years old? Would you like to have a say in what Williamson County 4-H does? Would you like making a few new friends and have some fun along the way? If you said yes to most of these questions, then the 4-H Federation is for you! 4-H Federation is open to ANY 4-H member that is at least 13 years old. It's a club that focuses on leading the county in a lot of different ways—from advocating for 4-H, to leading younger members in 4-H activities/events and community service projects. If interested, contact Ramona! (Girtman@illinois.edu or 618-993-3304)



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