

# WILLIAMSON COUNTY 4-H NEWS

## October 2020



# October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
<b>4-H Week</b>						
11	12	13	14 STEM Spark Club Meeting	15	16 Achievement Night Pick-Up	17 Cloverbud Spark Club Meeting
18	19	20 Animal Science Spark Club	21	22 Healthy Living Spark Club	23	24
25	26	27	28	29 Creative Arts Spark Club	30	31



**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

**Williamson County Extension Office**  
**101-B E De Young St. Marion, IL 62959**  
**Office Phone: 618-993-3304**

*Find us online, anytime at: [extension.illinois.edu/fjprw](http://extension.illinois.edu/fjprw)*

## WILLIAMSON COUNTY ACHIEVEMENT NIGHT

This year's achievement night is going to look a lot different than in year's past. This year, each club will receive an "Achievement Night In-A-Box" with all member awards plus a few celebration items in each club box. Is your club not currently meeting? Don't worry! I will mail all awards to members who are part of a club that is not currently meeting.

# *Achievement* **NIGHT** **in a box**



### 4-H ONLINE UPDATE

4-H Online is our data management system and is undergoing an update to version 4-H Online 2.0. The 2.0 update is not complete yet, which means 4-H Online is still not available for members to enroll. Once 4-H Online 2.0 is open, an email will be sent to each family. Ramona will also call each family to remind them to enroll once available.

# **FEDERATION WANTS YOU!**

Williamson County 4-H Federation wants you! The Federation is a leadership and community service focused club that works to offer great opportunities to our county 4-H. Joining Federation is a great way to build your resume, gain great experiences and have a ton of fun along the way. This year's goal is to have at least one new member from every Williamson County 4-H Club (including Shooting Sports!) Members who are interested in joining must be at least 13 years old and willing to learn, lead and serve. If interested in joining this fun and dynamic group, please contact Ramona at [girtman@illinois.edu](mailto:girtman@illinois.edu) or 618-993-3304.

### CLUB MEETING REMINDERS

This is a friendly reminder that Clubs are able to meet in person only after completing a Safety Management Plan that is approved by the office. Once approved, clubs will receive a box with some cleaning supplies, hand sanitizer and safety signs to display during club meetings. Please remember our priority is for clubs to be able to meet in the safest environment possible and 4-H Staff are always here to help with that. Please contact the office with any questions or concerns—and to double check club meeting times and locations.





## Animal Science 4-H Virtual Club

Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

*The club will meet the following Tuesdays from 5:00-6:00 pm via Zoom.*

October 20, 2020	February 16, 2021
November 17, 2020	March 16, 2021
January 19, 2021	April 20, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.



## Creative Arts Virtual 4-H Club

Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

*The club will meet the following Thursdays from 5:30-6:30 pm via Zoom.*

October 29, 2020	February 25, 2021
November 19, 2020	March 25, 2021
January 28, 2021	April 22, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.



## Healthy Living Virtual 4-H Club

Enjoy a fun activity and virtual meeting each month! Members will receive a box each month filled with the supplies to complete a hands-on activity.

*The club will meet the following Thursdays from 6:00-7:00 pm via Zoom.*

October 22, 2020	February 25, 2021
November 19, 2020	March 25, 2021
January 28, 2021	April 22, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.



## Environmental Science 4-H Virtual Club

Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.


*The club will meet the following Thursdays from 4:00-5:00 pm via Zoom.*

November 19, 2020	February 18, 2021
December 17, 2020	March 18, 2021
January 21, 2021	April 15, 2021

This club is open to youth ages 5-7, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.



## 4-H Virtual STEM Club

Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

*The club will meet the following Wednesdays from 4:30-6:00 pm via Zoom.*

October 14, 2020	February 10, 2021
November 18, 2020	March 10, 2021
January 13, 2021	April 14, 2021

This club is open to youth ages 8-18, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.



## Cloverbud Virtual 4-H Club

Enjoy fun activities and a virtual meeting each month! Members will receive a box filled with the supplies to complete six hands-on activities.

*The club will meet the following Sundays from 4:00-5:00 pm via Zoom.*

October 18, 2020	February 21, 2021
November 15, 2020	March 21, 2021
January 17, 2021	April 18, 2021

This club is open to youth ages 5-7, and the programming fee of \$20 covers all 4-H activities for the year. To register for this club, contact Ramona Girtman at (618) 993-3304 or girtman@illinois.edu.

**ILLINOIS** Extension  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

University of Illinois - U.S. Department of Agriculture - Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. Individuals that require reasonable accommodation to participate in programming should contact (618) 439-3178. Early requests are strongly encouraged to allow sufficient time for meeting access needs.

# JOIN A VIRTUAL SPARK 4-H CLUB



## JOIN COLLEGIATE 4-H AT U OF I

A great way to meet people at U of I is by joining C4-H, the registered student organization for 4-H alums attending University of Illinois. For more information, contact Brittney Muschetto at [uiuccollegiate4h@gmail.com](mailto:uiuccollegiate4h@gmail.com).



## END OF YEAR AWARD TIME

Whether you are a first-year 4-H member or a longtime member, it's time to focus on pulling together information for your 4-H award applications. Even younger members can submit the 4-H Experience Application and be eligible for 4-H recognition. Older members can submit both the 4-H Experience Application and the Illinois 4-H Scholarship Application to be eligible for state recognition, scholarships, and/or trips.

The **Illinois 4-H Experience Award Application** focuses on all of those events and activities that you have experienced during the 4-H year in four areas: *Participation, Community Service, Leadership, and Project Learning*. Depending upon the type and number of experiences you can report on, members can receive recognition on the Bronze, Silver, Gold, Diamond or Emerald Clover Award level. Your family calendar, 4-H notes or county summary, checkmarks, and a few written details are all that's needed for even the youngest members to submit this application. This application can be found @ <https://4h.extension.illinois.edu/members/awards>.

The **Illinois 4-H Scholarship** is a merit-based scholarship to award outstanding work in project areas. Five \$1,000 scholarships will be awarded in each of the following categories: Animal Science, Civic Engagement/Global Living, Creative Performing Arts & Communication, Food Systems, Healthy Living/ Nutrition, Leadership, Natural Resources & Environmental Science, Personal Growth and STEM/Robotics. The deadline to apply is November 1. Apply online @ [go.illinois.edu/4Hscholarships](https://go.illinois.edu/4Hscholarships).

Each 4-H member has a story to tell and are eligible for our 4-H awards program – tell YOUR stories and see where they take you!

## TRUE LEADERS IN SERVICE – SHARE YOUR STORY!

4-H members and clubs have continued to demonstrate they are **True Leaders in Service**, as they have worked independently to support both their personal and club goals of making a difference in their community by focusing their energies on the 4<sup>th</sup> “H” and pledge their HANDS to larger service! Illinois 4-H members and clubs have demonstrated how to **Make the Best Better**, during the COVID-19 crisis by developing plans and taking action collecting and donating food to stock shelves at local food pantries; reaching out vulnerable populations who may not have family members close to pick up needed supplies; and by making hundreds of face masks face masks to distribute to medical facilities; local businesses; and in communities.



If you did not register your plan for service outreach, please use this link to share what your plan <https://4h.extension.illinois.edu/clubs>. Be sure to also follow-up and report what you accomplished on through your service project. The accomplishments of both individual members and clubs will be highlighted on the Illinois 4-H Website so make sure you go use the reporting link located in the middle of the page where it says, **CLICK HERE** to report your 4-H Community Service Activity to provide your club update!



## Junior Leadership Conference

**November 7 | Virtually held on ZOOM**

You'll laugh. You'll make new friends. You'll even learn cool ideas to take back to your own 4-H Club at this year's Illinois 4-H Junior Leadership Conference. The conference is open to 4-H members in 7<sup>th</sup> and 8<sup>th</sup> grade. Registration closes when we reach 250 participants, so don't wait to the Oct. 24 deadline. Do it now! REGISTER: [go.illinois.edu/4Hjlc](https://go.illinois.edu/4Hjlc). This year's conference will be held virtually on ZOOM. Links for sessions, workshops and activities will be send in advance

to participants.

In addition to cool things to do, you'll each have the opportunity to select two of these workshops to attend:

**Bouncin' Back: Resilient Me:** Have you ever received a bad test grade? Maybe you did not get the 4-H Officer position you ran for or you just had a bad day. We all face hardship or adversity in our daily lives, but do not let it be something that stops you! Join us as we learn how to build our resilience through a series of games and challenges!

**From Leading to Succeeding:** Has the idea to become a successful leader ever crossed your mind? If so, this is the workshop for you! You will learn how to be a better leader in your county and hear about various 4-H opportunities at the state and national level.

**Inspire Others to Serve:** A fun and interactive way to learn how to plan and run your own community service project in your community! We will begin giving you ideas, tips, and tricks to help you be successful in leading a project, then we will create and run mock projects. You'll leave knowing how to involve yourself in your community, and the ability to implement your own community service project.

**Mind Matters:** Do you feel stressed out all the time? Maybe you can't help but procrastinate? Then this is the workshop for you! In this workshop, we will be going through time management skills and techniques to help you manage stress. So don't stress, you got the time to join this workshop!

**Speak Out:** Learn to listen, effectively share thoughts, and speak out! In this workshop we will also talk about confidence, how to send positive body language and provide constructive feedback. Improve your communication skills through games and activities with us!

**Teaming Together to Lead the Fun:** Are you ready to take action? Join us and begin to learn some creative ways to gain communication and leadership skills through our fun virtual team building games! With both small groups and the entire team, collaborate together to solve problems and create stories that enhance your teamwork skills.

Link to Register: <https://web.extension.illinois.edu/registration/?RegistrationID=22579>

Event Page: <https://4h.extension.illinois.edu/events/illinois-4-h-junior-leadership-conference>



### 4-H SHOOTING SPORTS FALL UPDATE

4-H shooting sports members age 11 and up are still eligible to register and participate in the virtual Illinois 4-H Shooting Sports 2020 Shoot! Disciplines offered include shotgun, archery, and rifle with scores entered online until the end of December.

Register at: <http://go.illinois.edu/20204Hregistration> and learn more at: <https://4h.extension.illinois.edu/events/illinois-4-h-virtual-shoot-fall-2020>  
Contact Curt Sinclair at [sinclair@illinois.edu](mailto:sinclair@illinois.edu) with any questions!

## 4-H VOLUNTEER CAFÉ CONVERSATIONS!

Register to participate in the **4-H Volunteer Café Conversations**. We are so excited to be launching this new Illinois 4-H opportunity creating a platform for 4-H Volunteers from across Illinois to meet virtually and discuss topics of interest, share both ideas and challenges. Volunteers will gain access to tools & techniques to support their volunteer efforts, strengthening 4-H club and member learning experiences. We will address two topics during each Café Conversation so come with your ideas, questions, and since this is a Café Conversation, feel free to bring a snack as well!

Thursday, November 19, 2020

Thursday, February 18, 2021

Thursday, May 20, 2021

SAVE THE DATE! Registration link will be provided soon.

---

## 4-H VOLUNTEER VIRTUAL TRAINING OPPORTUNITIES

Engaged volunteers are central to a thriving 4-H club program which is why we have developed three new virtual volunteer training opportunities for you this fall! Please hold the following dates and watch your email for an email for a registration details so you can participate in the following training opportunities!

### **#OMG Did That Just Happen? 4-H Code of Conduct Training – Thursday, October 15, 2020 at 7 PM**

*Illinois 4-H is dedicated to providing positive, engaging and safe environments for youth. Fundamental to creating that space for youth is to understand and be prepared to practically apply the Illinois 4-H Code of Conduct in real time situations. Join with Extension Youth Development staff and other volunteers as we explore life situations that you could potentially encounter in your role as a volunteer and develop skills to navigate those situations successfully!*

### **It's Not Scary...It's Parliamentary Procedure – Thursday, October 29, 2020**

*Just because it's spooky season doesn't mean you have to be spooked by parliamentary procedure! Joins us as we dive into the 4-1-1 on parliamentary procedure. We will explore officer roles, general parli-pro history, simplifying parliamentary procedure, and share ideas to help make parli-pro fun! Grab your ghouls and ghosts and save this date!*

### **Effective & Engaging Meetings – Thursday, November 12, 2020**

*The 4-H club meeting is typically one of the first experiences for new youth and new families interested in 4-H. This is the place where members get to know one another and share ideas. This means creating engaging and effective club meetings is the first opportunity to capture the interest of the members and the confidence of the parents. Join us to learn key strategies to help you create effective & engaging 4-H experiences in your club!*

#### Office

101-B East Deyoung St.

Marion, IL 62925

618-993-3304

[extension.illinois.edu/fjprw](http://extension.illinois.edu/fjprw)

#### County Director

Lynn Heins

#### 4-H Youth Development Coordinator

Ramona Girtman

#### Williamson County Office Support

Joe DeVillez