



**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## Winter Wonderfoods

### Recipe Ingredients and Assembly Directions

#### Spinach Pizza Twists:

½ cup spinach dip  
2 T. grated parmesan  
½ cup grated mozzarella  
1 Tube refrigerated pizza dough

- Wash hands before cooking.
- Open pizza dough and cut ¼ of dough for one pizza twist, one tube of pizza dough makes about 4 twists.
- Fold dough and cut into the shape of a triangle for the tree or a circle for the snowflake, leave the top of dough attached.
- Unfold dough. Mix spinach dip with grated parmesan cheese. Spread spinach dip mixture over one side of pizza dough. Sprinkle with 1 – 2 T. grated mozzarella cheese.
- Cut and twist shape (use knife to cut tree branches or snowflakes like in the video).
- Bake as directed with pizza dough directions.
- Serve and enjoy!



#### Polar Bear Cheese & Crackers

6 round crackers  
2-3 T. cream cheese  
1 Slice of a white cheese, like mozzarella or provolone  
12 candy eyeballs  
6 black olive slices

- Wash hands before cooking.
- Spread cream cheese on round crackers.
- Cut a small circle for the polar bear muzzle.
- Use a knife or cookie cutter to cut the ear shapes.
- Place muzzle and ears on cream cheese cracker, like a face with ears. Add two candy eyes and a black olive slice on muzzle for nose. Place polar bears on a decorative plate.
- Serve & Enjoy!



## Penguin Cheese & Crackers

6 Oval crackers  
2-3 T. Cream cheese  
6 carrot coins or chips  
3 whole black olives  
6 black olive slices

- Wash hands before cooking.
- Spread cream cheese on oval crackers.
- Cut a beak and two triangles for feet out of carrot coins or chips.
- Place a black olive slice on cracker and carrot beak in the middle of the slice. Cut whole black olive in half, cut each half into a quarter. Put on the cracker for wings.
- Place triangle carrots on cracker for the feet.
- Place crackers on a decorative plate.
- Serve and enjoy!



## Snowperson Kabobs

6 Wooden skewers  
1-2 Bananas  
6 Strawberries  
6 Grapes  
Raisins  
6 Mini marshmallows  
Candy sprinkles

- Wash hands before cooking.
- Cut banana slices or chunks.
- Cut tops of strawberries to use as a hat.
- Cut grapes in half.
- Thread fruit through wooden skewers.
- Add marshmallows to the hat.
- Decorate with raisins and candy sprinkles. Serve & enjoy!



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