WITS WELLNESS

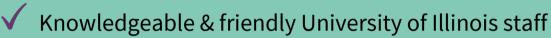
Call today
to see if you
qualify!

A Research Study



Inviting adults 50 years old and older to participate in a FREE 12-week health & wellness research study!

IF YOU QUALIFY, You get:







Compensation for research related assessments and participation (up to \$60)

STUDY DELIVERY

Each hour long session will cover a new health and wellness topic.

Sessions will take place at Extension offices or partner locations. Backup option will be online delivery. **Strict COVID 19 precautions enforced**

Spots are limited, but everyone will receive the program over the next 12 months.

We are looking for men and women who meet the following criteria:

- Age 50+
- No diagnosis of Alzheimer's or related dementia
- Will attend sessions and complete pre & post assessments

If you would like to participate in the Wits Wellness Study, please contact, Julie Bobitt by:

- phone 312.355.0247,
- email jbobitt@uic.edu, or
- online go.illinois.edu/witswellness

Location:

1:30 - 2:30 pm

University of Illinois Extension 801 N. Country Fair Dr Champaign, IL Tuesdays, 8/24- 11/9



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Funded by the Midwest Roybal Center for Health Promotion and Translation