McHenry County 4-H Dog Obedience

WEEK 1 - MAY 20-26



Dog Obedience

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Video Lesson

Sit: https://youtu.be/Zrh0tklFVaM

Teach Your Dog to Sit





Hold a treat over your dog's head.





Move it straight back.





Press your dog's haunches down while pulling up on the leash.



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Video Lesson

Stay: https://youtu.be/tnhpH1lEy4g

Teach Your Dog to Stay





Give your dog the 'stay' command with your voice and hand.





Move a short distance away from your dog, while still holding your hand and telling your dog to stay.





Make your dog sit by gently moving him back into the sitting





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Video Lesson

Heel: https://youtu.be/wfaDO5NoIml

n<mark>eel</mark> command

You can use the Heel command if you want your dog to pay close attention, such as when crossing the street, in a crowd or when passing an older person or another animal. Before learning the Heel command, you and your dog should learn the "Let's Go" command. For information on the "Let's Go" command, see page 110.

When you use the Heel command, your dog will walk close to your left side, with his ear lined up with the side seam of your pants and his attention focused on you. When you stop walking, your dog will automatically sit, which is an important part of the Heel command.

You can start training the Heel command by using a treat lure to guide your dog. Once your dog consistently heels when lured by a treat, you can stop using the treat and use only the command. To keep your dog's attention when you are not using a lure, randomly give treats or ask your dog to sit while heeling.

You should practice the Heel command for one minute a few times each day, keeping the training sessions brief and interesting so your dog does not get bored.



How can I keep my dog's attention when training with the lure?

Once your dog is reliably heeling with the treat lure at his nose, perform steps 1 to 8 starting on page 120, except in step 5, move the treat lure up to your waist. When your dog is heeling well with the treat at your waist, randomly move your left hand up to your shoulder and down to your waist and then back to your dog's nose as you walk. Moving the treat not only keeps your dog's attention, but is the first step in phasing out the lure.

My dog is lunging ahead and pulling on the leash. What should I do?

CHAPTER 6: Beyond the Basics

If your dog starts pulling ahead, stop walking forward immediately. Call your dog's name and start walking backwards a few steps. When your dog returns to your left side, you can say the command "Heel" and start walking forward again.

Training after the Lure

Training with a Lure



- When you start training your dog to heel, you use a lure to guide your dog into position. You will most often use a treat as a lure.
- 1 Stand with your dog on your left side.
- 2 Attach the leash to your dog's collar.

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- 3 Insert the thumb of your right hand through the loop of the leash and then fold the leash into your right hand. Then place your right hand against your stomach.
- Make sure the leash is loose and forms a \subset shape.
- 4 Make sure your dog is close to your left leg and your dog's ear is lined up with the side seam of your pants.
- 5 With your left hand, hold a treat close to your dog's nose.



number of steps you take.



- 7 Say the command "Sit."
- Your dog sits.
- 8 Give your dog the treat and praise him.



- After your dog responds reliably when lured with a treat, you can stop using the treat to guide your dog into position. You use a treat only as a reward after your dog performs the command.
- 1 Perform steps 1 to 4 on page 120.
- five steps forward with your dog.

 3 Say the command "Sit."

2 Say the command

"Heel" and then take

4 When your dog sits, give him a special food treat and praise him.

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WEEK 1 – VIDEO ASSIGNMENTS

Please watch these videos to help you learn these skills. Practice with your furry friend EVERYDAY!

1. Watch Me Command: https://youtu.be/ZYI9eTu-X84

2. Sit: https://youtu.be/Zrh0tklFVaM

3. Stay: https://youtu.be/tnhpH1lEy4g

4. Heel: https://youtu.be/wfaDO5NoIml

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Instructors:

Lisa Lillie, Lead Instructor: lapdogs31@gmail.com
Ashley Emmert, Rally O: Horses301@yahoo.com
Michele Aavang, 4-H Coordinator: maavang@Illinois.edu

