

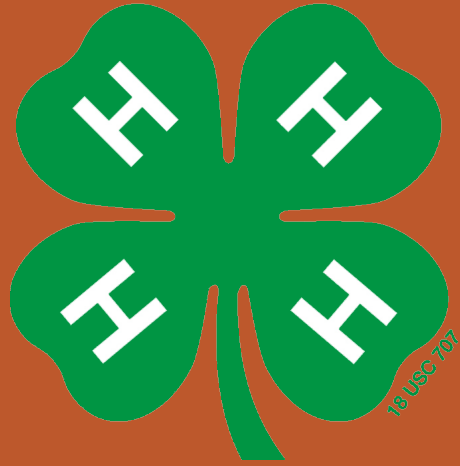
McHenry County 4-H Dog Obedience



WEEK 2 – MAY 27- JUNE 3

BEGINNER 1 & 2

**COLLEGE OF AGRICULTURAL, CONSUMER
& ENVIRONMENTAL SCIENCES**



Dog Obedience

Beginner Novice 1 and 2

WEEK 2 – May 27- June 3

Video Lesson

Sit: <https://youtu.be/Zrh0tkIFVaM>

REVIEW from Week 1

Teach Your Dog to Sit

Step 1



Hold a treat over your dog's head.

Step 2

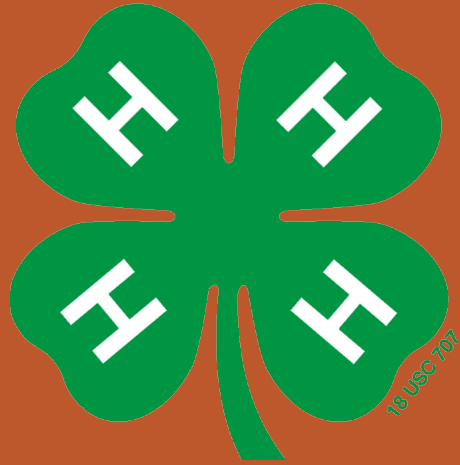


Move it straight back.

Step 3



Press your dog's haunches down while pulling up on the leash.



Dog Obedience

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WEEK 2 – May 27- June 3

Video Lesson

Stay: <https://youtu.be/tnhpH1IEy4g>

REVIEW from Week 1

Teach Your Dog to Stay

Step 1



Give your dog the 'stay' command with your voice and hand.

Step 2

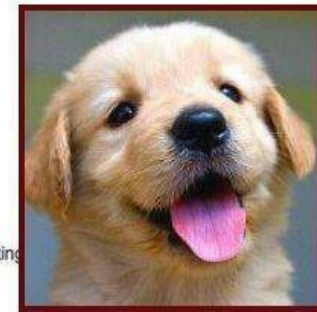


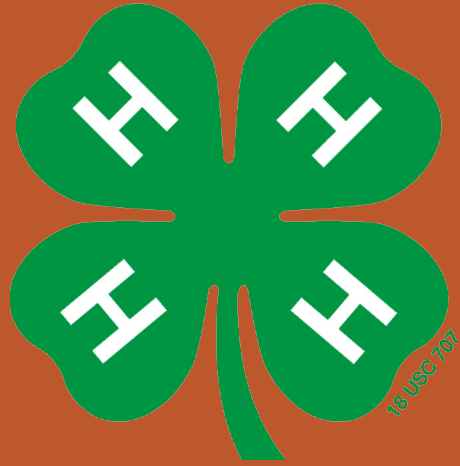
Move a short distance away from your dog, while still holding your hand and telling your dog to stay.

Step 3



Make your dog sit by gently moving him back into the sitting





Dog Obedience

Beginner Novice 1 and 2

WEEK 2 – May 27- June 3

Sit, Stay Video:

<https://www.facebook.com/Allendogtraining/videos/1028674333996010/?d=null&vh=e>

Week 2 - Sit, Stay

1. When the judge orders, “Sit your dog,” the handler will command and/or signal their dog to sit, if they are not already sitting.
2. On further order to “Leave your dog,” the handler will give a command and/or signal to stay and immediately will go to the end of the leash, turn, and face their dog.
3. The handler is not to back away from their dog. The leash is not to touch the ground.
4. After 30 seconds, the judge will order, “Return to your dog,” the handler will walk around the dog’s left side and behind the dog stopping at heel position (dog’s right side)



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Dog Obedience

Beginner Novice 1 and 2

WEEK 2 – May 27- June 3

Video Lesson

Heel: <https://youtu.be/wfaDO5NoImI>

REVIEW from Week 1

heel command

You can use the Heel command if you want your dog to pay close attention, such as when crossing the street, in a crowd or when passing an older person or another animal. Before learning the Heel command, you and your dog should learn the "Let's Go" command. For information on the "Let's Go" command, see page 110.

When you use the Heel command, your dog will walk close to your left side, with his ear lined up with the side seam of your pants and his attention focused on you. When you stop walking, your dog will automatically sit, which is an important part of the Heel command.

You can start training the Heel command by using a treat lure to guide your dog. Once your dog consistently heels when lured by a treat, you can stop using the treat and use only the command. To keep your dog's attention when you are not using a lure, randomly give treats or ask your dog to sit while heeling.

You should practice the Heel command for one minute a few times each day, keeping the training sessions brief and interesting so your dog does not get bored.



Tip

How can I keep my dog's attention when training with the lure?

Once your dog is reliably heeling with the treat lure at his nose, perform steps 1 to 8 starting on page 120, except in step 5, move the treat lure up to your waist. When your dog is heeling well with the treat at your waist, randomly move your left hand up to your shoulder and down to your waist and then back to your dog's nose as you walk. Moving the treat not only keeps your dog's attention, but is the first step in phasing out the lure.

CHAPTER 6: Beyond the Basics

My dog is lunging ahead and pulling on the leash. What should I do?

If your dog starts pulling ahead, stop walking forward immediately. Call your dog's name and start walking backwards a few steps. When your dog returns to your left side, you can say the command "Heel" and start walking forward again.

Training with a Lure



Training after the Lure



- When you start training your dog to heel, you use a lure to guide your dog into position. You will most often use a treat as a lure.

- 1 Stand with your dog on your left side.
- 2 Attach the leash to your dog's collar.

- 3 Insert the thumb of your right hand through the loop of the leash and then fold the leash into your right hand. Then place your right hand against your stomach.
 - Make sure the leash is loose and forms a U shape.

- 4 Make sure your dog is close to your left leg and your dog's ear is lined up with the side seam of your pants.
- 5 With your left hand, hold a treat close to your dog's nose.

- 6 Say the command "Heel" and then take three steps forward with your dog.

Note: As your dog becomes comfortable with the Heel command, you can gradually increase the number of steps you take.

- 7 Say the command "Sit."
 - Your dog sits.

- 8 Give your dog the treat and praise him.

- After your dog responds reliably when lured with a treat, you can stop using the treat to guide your dog into position. You use a treat only as a reward after your dog performs the command.

- 1 Perform steps 1 to 4 on page 120.

- 2 Say the command "Heel" and then take five steps forward with your dog.
- 3 Say the command "Sit."
- 4 When your dog sits, give him a special food treat and praise him.



Dog Obedience

Beginner Novice 1 and 2

WEEK 2 – May 27- June 3

Video Lesson – Heel on Leash:

<https://www.facebook.com/Allendogtraining/videos/2893514440689466/?d=null&vh=e>

Week 2 - HEEL ON-LEASH

How to train your dog to heel on-leash

1. Start with your pup in a [sit-stay](#) by your left side.
2. Hold the leash with the left hand, so that it loosely dangles a couple of inches below the point where it attaches to the pup's [collar](#) and slip your right hand through the end loop, holding any excess leash tidily bunched up in this hand.
3. Keep both hands on the leash at all times.
4. As with off-leash heeling, have a bunch of [treats](#) in the left hand (if necessary) to precisely guide the pup, and have one treat in the right hand for the sit signal.
5. Say "Rover, Heel" and/or give a heel-signal (without letting go of the leash) by moving your left hand from left to right in front of the pup's nose, so that your left arm comes to rest comfortably in front of your waist and off you go. Quickly! The faster you walk, the easier it is.





Dog Obedience

Beginner Novice 1 and 2

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Video Lesson – Heel on Leash:

<https://www.facebook.com/Allendogtraining/videos/2893514440689466/?d=null&vh=e>

HEEL ON-LEASH

How to train your dog to heel on-leash... *continued*

6. If the pup lags or becomes distracted, quickly waggle the left hand in front of its nose, and then bring it back to lie in front of your waist.
7. Each time before stopping, slow down, say “Rover, Sit,” give a sit-signal with your right hand (still attached to the end of the leash) across the front of your body and in front of the pup’s nose and then, come to a halt with the pup sitting in heel position. In time, your [dog](#) will learn to anticipate the sit signal and will sit automatically each time you slow down to stop. If necessary, use [food as both a lure and a reward](#), and [phase it out](#) as before.
8. Your dog may gradually lose [attention](#) during long and/or slow straight-away heels. To keep the pup on its toes, continually and randomly change pace and direction. Successive changes of pace are by far the best. Run up and down through the three-gears of heeling. This is convenient because, for the most part, it is difficult and sometimes dangerous to make a sudden turn when walking along the sidewalk – you’ll probably end up in the street, in a neighbor’s front yard or up a tree someplace. Open spaces are the place to practice multiple right- left- and about-turns. Happy heeling!

REMEMBER, if ever you feel it is necessary to correct your dog either 1) your dog did not understand the meaning of your instructions (possible) and/or 2) your dog did not understand the relevance of your instructions (highly probable).

WEEK 2 – VIDEO ASSIGNMENTS

Please watch these videos to help you learn these skills. Practice with your furry friend EVERYDAY!

1. Heel on Leash part 1:

<https://www.facebook.com/Allendogtraining/videos/2893514440689466/?d=null&vh=e>

2. Sit, stay:

<https://www.facebook.com/Allendogtraining/videos/1028674333996010/?d=null&vh=e>

For more helpful hints see Minnesota 4-H Dog Project:

https://docs.google.com/document/d/1O9biQUe0RyntAojKOv0-pIMummcdhhR9_dn4LB6pz8A/edit

4-H Dog Obedience

Beginner Novice 1 and 2

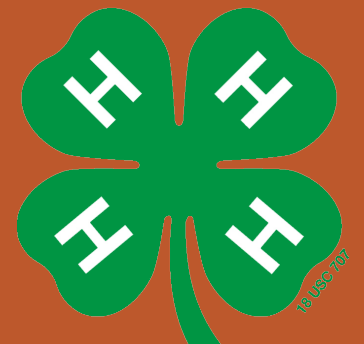
WEEK 2 – May 27- June 3

Instructors:

Lisa Lillie, Lead Instructor: lapdogs31@gmail.com

Ashley Emmert, Obedience, Rally O: Horses301@yahoo.com

Michele Aavang, 4-H Coordinator: maavang@illinois.edu



WEEK 1 – VIDEO ASSIGNMENTS

Please watch these videos to help you learn these skills.
Practice with your furry friend EVERYDAY!

1. Watch Me Command: <https://youtu.be/ZYl9eTu-X84>
2. Sit: <https://youtu.be/Zrh0tklFVaM>
3. Stay: <https://youtu.be/tnhpH1IEy4g>
4. Heel: <https://youtu.be/wfaDO5NoImI>

4-H Dog Obedience

WEEK 1 – May 20-26

Instructors:

Lisa Lillie, Lead Instructor: lapdogs31@gmail.com

Ashley Emmert, Obedience, Rally O: Horses301@yahoo.com

Michele Aavang, 4-H Coordinator: maavang@illinois.edu

