

# Youth Cooking School Parental Consent Form



My child will attend: \_\_\_\_\_ (2023) Morning \_\_\_\_\_ Afternoon \_\_\_\_\_  
Dates

Grade Finished May 2023? \_\_\_\_\_ Age \_\_\_\_\_

Parental Consent Form for \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Parent E-mail \_\_\_\_\_

I, \_\_\_\_\_ give my son/daughter \_\_\_\_\_  
(parent/guardian) (Youth Participant)

permission to participate in the Youth Cooking School.

### I agree:

- to arrange for transportation for my child to and from Youth Cooking School each day.
- that my child will arrive on time for each session, not more than 10 minutes prior to the start of class, and that someone will be present to pick up my child within 10 minutes of the end of each session, unless other arrangements have been made.
- to submit all necessary paperwork for my child to participate in Youth Cooking School.
- to supply a health form and keep it updated with Youth Cooking School staff.

### I understand:

- my child will be engaged in meal preparation which will require the use of kitchen equipment such as knives, electric mixers, blenders, kitchen stove, electric skillet, oven, etc.
- other children will be present and who will be working with my child using the same equipment mentioned above.

### Youth Cooking School Staff will provide:

- at least two staff members to supervise.
- accident insurance coverage that covers treatment for individual injuries up to \$3,000, (policy information is available form Youth Cooking School staff).
- an orientation and safety instruction session for using kitchen equipment.
- our mutually agreed Code of Conduct will be enforced.

**4-H Youth Guidelines:** All youth who participate in Illinois 4-H Youth Development programs, which are planned, conducted, and supervised by University of Illinois Extension, are responsible for their own conduct. Youth participating in 4-H programs are expected to demonstrate the character traits of trustworthiness, respect, responsibility, fairness, caring, and citizenship. Specifically, 4-H youth are expected to abide by the following behavior guidelines.

1. Be courteous and respect others.
2. Obey all rules established by the University of Illinois Extension 4-H Youth Development program and those of the local club/group as well as local and state laws.
3. Treat all people fairly and animals humanely.
4. Respect the property of others.
5. Respect the authority of adult or youth volunteers, paid Extension staff, and others in leadership roles.
6. Use appropriate language and wear acceptable clothing at 4-H activities and events.
7. Show kindness to others and give assistance when needed.
8. Be honest and honor commitments.
9. Strive for personal best and keep trying to improve.
10. Accept responsibility for personal choices.

**We understand and accept the responsibility for following the 4-H Youth Behavior Guidelines. We further understand that failure to do so may result in disciplinary action and forfeiture of participation privileges.**

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

# PHOTO AND VIDEO RELEASE

I, \_\_\_\_\_, grant the 4-H Youth Program, University of Illinois Extension, the permission to disclose my (or my child's) identity and to reproduce and distribute videos, films, photographs, and transparencies of me (or my child) and sound recordings arising out of documenting 4-H youth programs.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Name of Child

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Parent or Guardian's Signature



**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

University of Illinois College of Agricultural, Consumer and Environmental Sciences • United States Department of Agriculture • Local Extension Councils Cooperating

University of Illinois Extension provides equal opportunities in programs and employment.

If you need a reasonable accommodation to participate in this program, please contact 618-939-3434.

**Extension Participant/Volunteer  
AGREEMENT TO ASSUME RISKS AND FULLY RELEASE ALL CLAIMS**

**Risks of Extension Activities.** I understand that my participation in University of Illinois Extension activities can present risks of physical injury (including death or disability) to me and damage to my personal property. The University of Illinois does not guarantee my personal health or safety or protect me against property loss. Physical injury to me or property damage may result from known or unexpected risks arising from things such as: use of equipment, materials, or facilities; environmental conditions, including poisonous plants, insects, and extreme heat or cold and other weather-related hazards; natural disasters; water activities; transportation; actions of others; animal behaviors; unavailability of immediate or adequate emergency care; infectious diseases; and slips and falls.

**Risks of 4-H Equine Activities.** Equine (horse, pony, mule, donkey, or hinny) activities present dangerous risks of injury and harm, regardless of the safety measures taken. If a horse or other equine animal is frightened or provoked, I understand that it might ignore its training and act according to its natural survival instincts, which may include actions such as unexpected change of directions or speed; running; sudden movement or stopping; shifting weight; bucking; rearing; kicking; and biting. I understand that **UNDER THE ILLINOIS EQUINE ACTIVITY LIABILITY ACT, EACH PARTICIPANT WHO ENGAGES IN AN EQUINE ACTIVITY EXPRESSLY ASSUMES THE RISK OF ENGAGING IN AND LEGAL RESPONSIBILITY FOR THE INJURY, LOSS, OR DAMAGE TO PERSON OR PROPERTY RESULTING FROM THE RISK OF EQUINE ACTIVITIES.** *Risk of equine activities* means dangers including but not limited to: (1) propensity of an equine to behave in ways that may result in injury, harm or death to persons on or around them; (2) unpredictability of an equine's reaction to sounds, sudden movement, and unfamiliar objects, persons, other animals or other things; (3) certain hazards such as surface and subsurface conditions; (4) collisions with other equines or objects; and (5) the potential of a participant to act in a negligent manner that may contribute to injury, such as failing to maintain control over the animal or not acting within his or her ability.

**Risks of 4-H Shooting Sports Activities:** Shooting sports involve the use of firearms, live ammunition, or archery equipment. I understand that there are inherent dangers associated with my participation in shooting sports, including observation. The potential dangers include, among other things, gunshot or archery wounds that can result in paralysis or loss of vision, limb, or life.

**Assumption of Risks and Release of Claims:** In consideration for allowing me to participate in Extension activities, I voluntarily assume all risk of injury and loss that I may sustain or suffer in connection with my participation in the activities described in this Agreement, and I forever and fully release, waive, and discharge all claims, demands, actions, and causes of action, known or unknown, that I have or that may accrue to me in the future ("Claims") against the Board of Trustees of the University of Illinois, its officers, employees, agents, and volunteers (individually a "Releasee") for personal injuries (including death), damage to property, and all liabilities, losses, costs, and expenses (including attorney fees) arising out of or resulting from my participation in Extension activities, including all Claims arising, in whole or in part, from the negligence of any Releasee. This Agreement is binding on my heirs, assigns, and representatives.

**Effective Date:** This Agreement is effective on the date signed by me ("Effective Date") and replaces any similar agreements previously signed by me as to Extension activities that occur on or after the Effective Date.

**PARTICIPANT/VOLUNTEER SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PRINTED NAME:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_

**HOME STREET ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_

**STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**IF PARTICIPANT/VOLUNTEER IS UNDER 18 YEARS OLD:**

**PARENT/LEGAL GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PRINTED NAME:** \_\_\_\_\_ **PHONE/EMAIL:** \_\_\_\_\_



- [ ] Allergy to Medicines (including penicillin, tetanus) \_\_\_\_\_
- \_\_\_\_\_
- [ ] Recent Surgical Operation, Accidents or Injuries \_\_\_\_\_
- \_\_\_\_\_
- [ ] Any Infectious Disease \_\_\_\_\_
- \_\_\_\_\_
- [ ] Skin Disease \_\_\_\_\_
- \_\_\_\_\_
- [ ] Currently taking Medicines (list names, doses, & purposes) \_\_\_\_\_
- \_\_\_\_\_
- [ ] Medication that needs refrigeration \_\_\_\_\_
- \_\_\_\_\_
- [ ] Under on-going care of a Physician (NAME & PHONE #) for chronic or recurring problem \_\_\_\_\_
- \_\_\_\_\_
- [ ] Do you wear glasses? YES [ ] NO [ ] SOMETIMES [ ]
- [ ] Do you wear contact lenses? YES [ ] NO [ ] SOMETIMES [ ]
- [ ] Date of last TETANUS BOOSTER \_\_\_\_\_
- [ ] Date of last FLU SHOT \_\_\_\_\_
- [ ] Significant Orthopedic and/or Neuromuscular Impairment (e.g. loss of limb, spinal cord injury) \_\_\_\_\_
- \_\_\_\_\_
- [ ] Learning Disabilities? Grade level of reading/comprehension? \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_

Clinic/Hospital Affiliation: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

**Health Insurance Provider:** \_\_\_\_\_

Owner's Name: \_\_\_\_\_ ID/Policy Number: \_\_\_\_\_

**Medical Privacy Statement:** *It is the policy of University of Illinois Extension 4-H Youth Development Programs to keep any medical information it may have regarding 4-H Youth Development program participants confidential. However, there may be time in which such medical information will be needed and may need to be shared with others. Examples of sharing might include: providing information to medical personnel in the event of an emergency so that a youth may be treated; providing information to Extension staff or volunteers who are coordinating specific events in the case of a request for reasonable accommodation; and providing information to chaperones or host families who are responsible for the health and safety of program participants at a specific event. Except in the case of emergency, prior to sharing any medical information, it may have with those external to the University, Extension, or 4-H, every effort will be made to get the permission of the program participant or parent or guardian.*

As a parent or guardian, I understand that if a serious illness/injury develops, medical or hospital care will be given. I further understand that in case of serious illness/injury, I will be notified. However, if it is impossible to contact me, I give my permission for emergency treatment, x-ray or surgery, as recommended by an attending physician.

I also understand that any accident insurance in effect (IF PROVIDED) for the event does not cover pre-existing conditions or self-inflicted injuries.

**SIGNED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Parent or Guardian

Revised 7/03



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